

CONNECTICUT INSTITUTE FOR RESILIENCE & CLIMATE ADAPTATION (CIRCA)

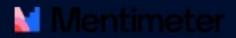
Resilient Connecticut



LONG-TERM STRATEGY FOR CLIMATE ADAPTATION AND RESILIENCE: RESILIENT CONNECTICUT 2.0 THE NEXT PHASE III PROJECTS

Annual Summit December 1, 2023

John Truscinski, CFM David Murphy, PE, CFM



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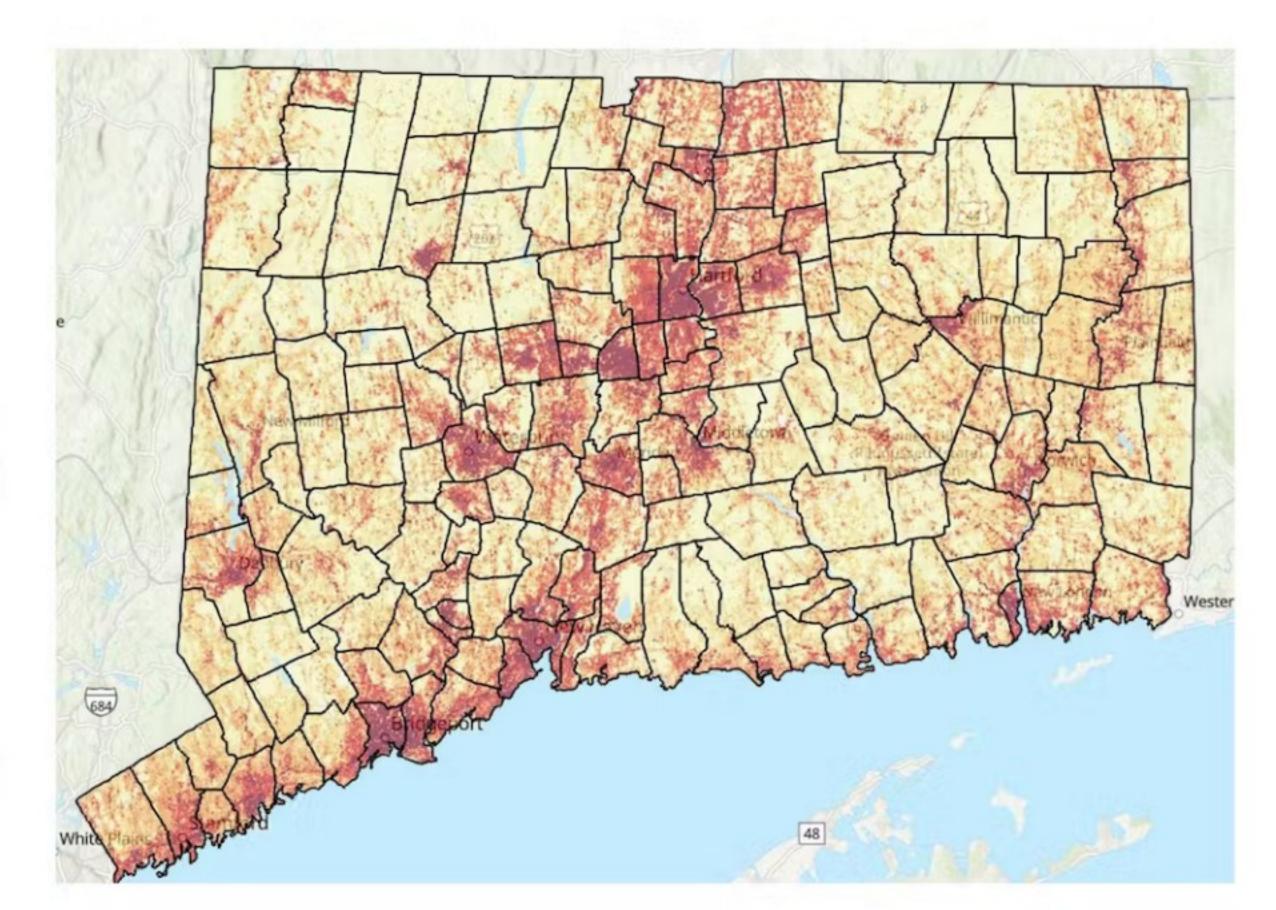
Resilient Connecticut

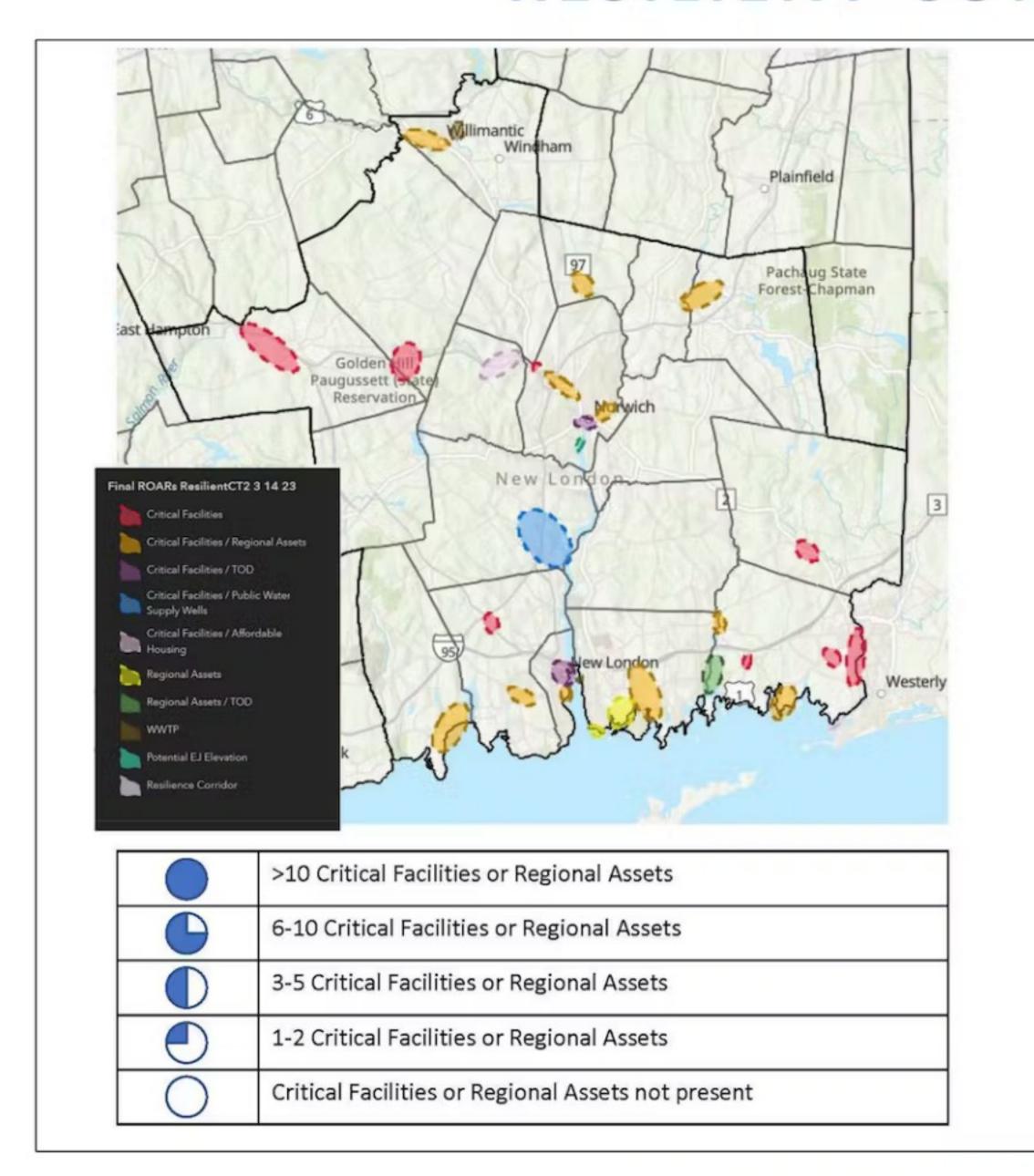


Agenda

- Resilient Connecticut 2.0
 - Lower Connecticut River Area (RiverCOG)
 - Southeastern Connecticut (SCCOG)
- Introduction to Each Proposed Project
 - Portland
 - East Haddam
 - Stonington/Mystic
 - Jewett City
- Closing Remarks

- CIRCA initiated Resilient Connecticut in Fairfield and New Haven Counties 2018 – 2023.
- Program expanded to New London, Middlesex, Hartford, and Tolland Counties via RiverCOG, SCCOG, and CRCOG in 2022-2023.
- Goals are to continue (1) supporting development of a statewide resilience project pipeline and (2) increasing coordination across municipal, regional, and state planning.
- Data and mapping tools to support project development include a new Statewide Climate Change Vulnerability Index (CCVI) for flooding and heat, additional zones of shared risk, and identification of additional resilience opportunity areas.

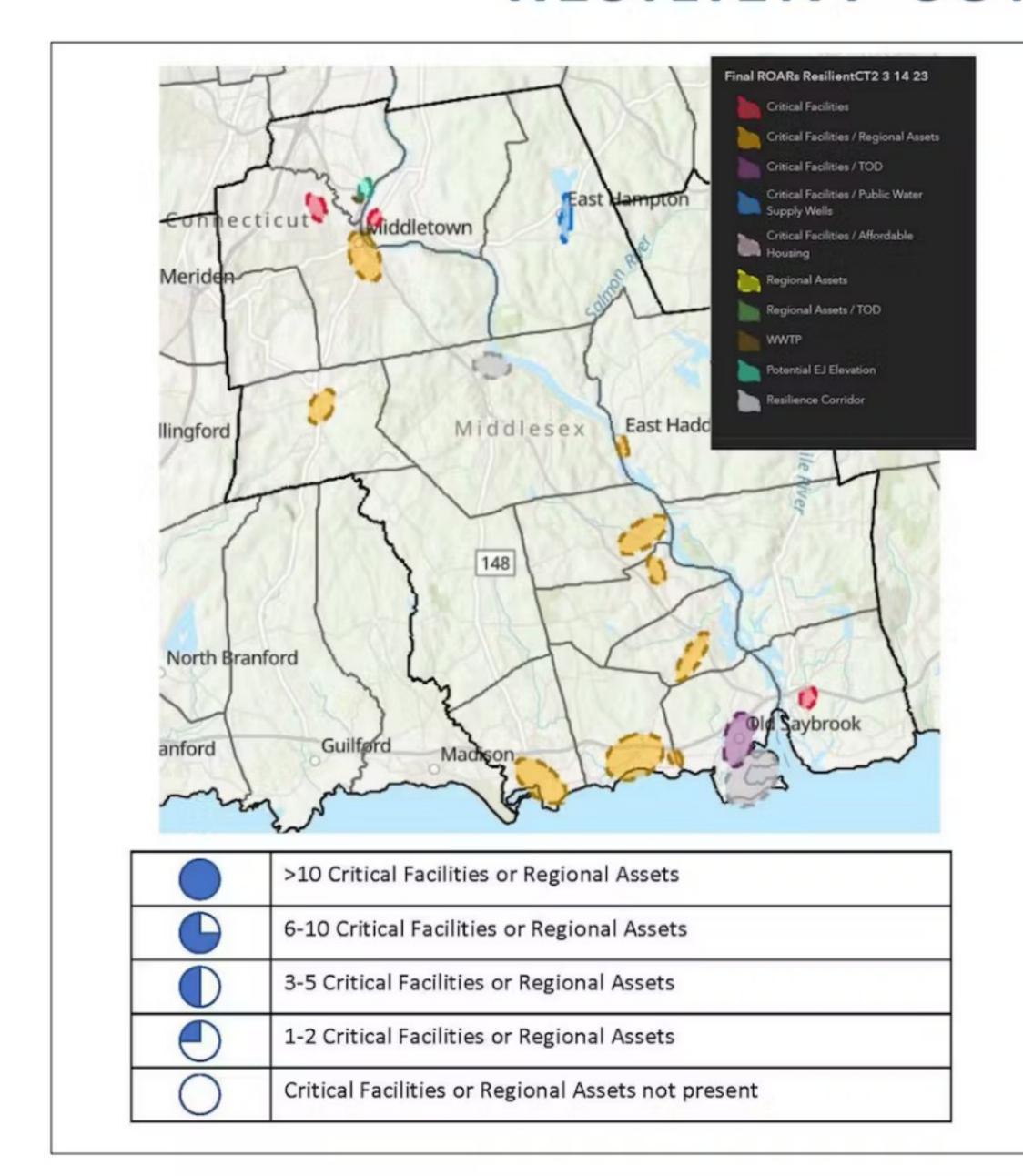




Potential Climate Adaptation and Resilience Opportunity Areas in Southeastern Connecticut Draft: March 15, 2023



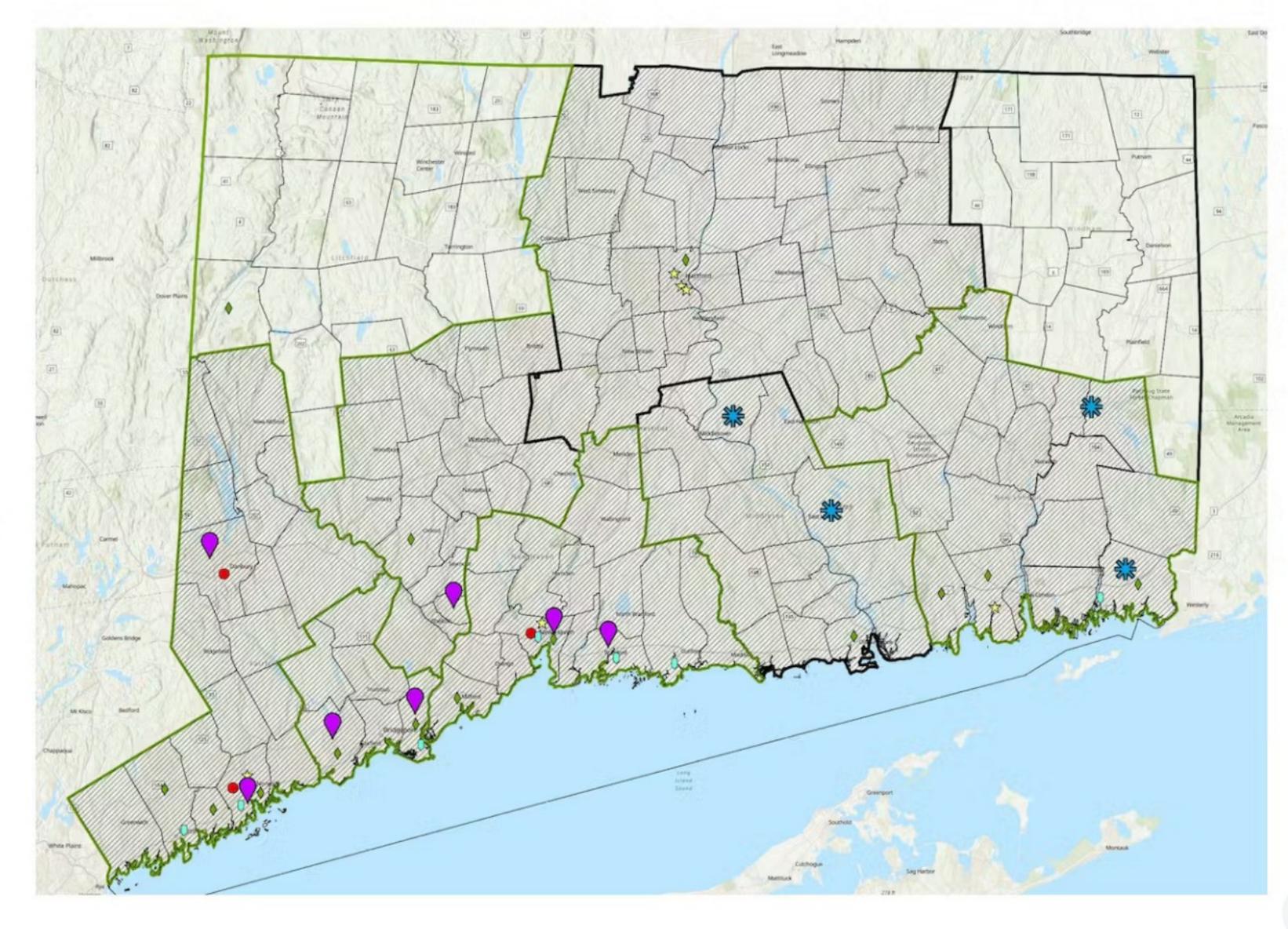
ROAR Name What is a ROAR? A ROAR is a complex climate adaptation and Resilience Opportunity ARea with	Location These are the primary municipalities where the ROARs are located. Some of the ROARs span two	These are some of the assets "counted" to identify ROARs. Many were provided by SCCOG in a GIS later, while some assets and resources were taken from other lists and maps. See the reverse side of this sheet for a key.									
potentially unmet needs related to two climate change threats: flooding and extreme heat. Each of these ROARs is generally positioned where flood vulnerability is moderate to high and heat vulnerability is moderate to high.	municipalities.	Critical Facilities	Regional Assets	Historic Resources	Wastewater Treatment Plants	Existing Affordable Housing	Transit Oriented Development	Building Elevations in EJ Flood Zones	"Resilient Corridor" Potential	Septic Systems	Public Water Supply Wells
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Beach and Avery Point	City of Groton	0	0	<u>m</u>					13		
City of Groton WWTP	City of Groton	0	0	<u></u>	盐						
Fort Trumbull	New London	0	0	1	las			煮	2		
Airport	Town of Groton	0	0			_		血	2		
Old Mystic	Towns of Groton and Stonington	0	0						23	***	Ť
Yantic	Norwich	0	0						15		
Willimantic WWTP	Windham	0	0		£m.			#	13		
Route 85 and DPW	Waterford	0	Ö		-			, resh	13		
Aquarion WTP	Town of Stonington	0	0						13'	1887	
Thamesville	Norwich	0	0	1				A	13		



Potential Climate Adaptation and Resilience Opportunity Areas in the Lower Connecticut River Valley Region Draft: March 29, 2023

ROAR Name	Location	Thes	se are	some	of th	ne ass	ets "c	ounte	ed" to	ident	tify
What is a ROAR?	These are the primary	ROA	Rs. M	lany w	vere p	rovid	ed by	Rive	rCOG	in a G	SIS
A ROAR is a complex climate	municipalities where the	laye	r, whil	le son	ne ass	ets a	nd res	source	es we	re tak	en
adaptation and Resilience	ROARs are located.		othe								******
Opportunity ARea with			sheet								
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related to two climate					ts		t	Zones	-		
					Plants	Housing	Development		Potential		S
change threats: flooding and						nsi	lop	Flood) te		Supply Wells
extreme heat. Each of these					Je.	운	.ve	표			>
ROARs is generally		2,500		es	atu	ole		n E	or,		ldo
positioned where flood		ies	sts	Resources	Treatment	Affordable	Oriented	Elevations in	Corridor"	SI	Sul
vulnerability is moderate to		!	SSE	SO		for	ent	atio	8	err	ē
high and heat vulnerability is		Fac	A E		/ati	Æ	O.	Elev	Ħ	Systems	Vat
moderate to high.		- E	ong	j i	tev	ing	sit	ng	ii.	ics	. <u>.</u>
249		Critical Facilities	Regional Assets	Historic	Wastewater	Existing /	Fransit	Building I	"Resilient	Septic	Public Water
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Old Saybrook Center/TOD	Old Saybrook	9	0	<u></u>				#	3	1887	\perp
Portland Center	Portland	9	0	<u></u>					25		
Pickett Lane Area	Durham	•	0	<u>m</u>		Au		_	13	Tibilt	•
Clinton Center	Clinton	0	•	m			9	纛	23	Tibilit	Ш
Westbrook Center	Westbrook	0	•			슮			13	1887	
Mile Lane	Middletown	0	0	血					33		
Pocotopaug Creek	East Hampton	0	0	m					2	Tibile	÷.
Chester Center	Chester	0	•	<u></u>					13	1881	
East Haddam Center	East Haddam	0	0	血	h				2		÷
Deep River Center	Deep River	0	0	<u></u>					33		Ш
Old Lyme Center	Old Lyme	0	•	血					"	1887	
Plains Road Corridor	Essex	•	0	m				煮	**	1887	
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River Road Area	Cromwell	•	•	1111				盘	2		
Mattabassett District WWTP	Cromwell	0	•		Am				2		
Portland WWTP	Portland	0	•		1			魚	2		
Route 154 Loop	Old Saybrook	0	0	1					3	1887	

- The seven pilot projects
 ("Phase III") of Resilient
 Connecticut 1.0 are the
 purple icons in southwest
 Connecticut
- The upcoming projects under Resilient Connecticut 2.0 Phase III are the blue icons in the RiverCOG and SCCOG regions













INTRODUCTION TO EACH PROPOSED PROJECT

- The four projects will attempt to address different kinds of flood risks
- Two of the four will also address extreme heat

	Coastal Flood Adaptation	Riverine Flood Adaptation	Stormwater Flood Adaptation	Extreme Heat Adaptation
Portland			X	X
East Haddam		X		
Mystic/Stonington	X		X	
Jewett City		X		Χ

How to Participate

Flood and Heat Risk Reduction

- Three critical facilities are affected by flooding from stormwater the police station, senior center, and library
- The senior center is the food pantry and the Town's primary cooling center
- Imagine a very intense precipitation event occurring while the cooling center is occupied

Resilient Connecticut 2.0 Phase II

Regional Adaptation/Resilience Opportunity Areas

Name: Portland Critical Facilities Location: Portland

Consideration	Characteristics of Area							
Flood Vulnerability								
Heat Vulnerability	0							
Social Vulnerability								

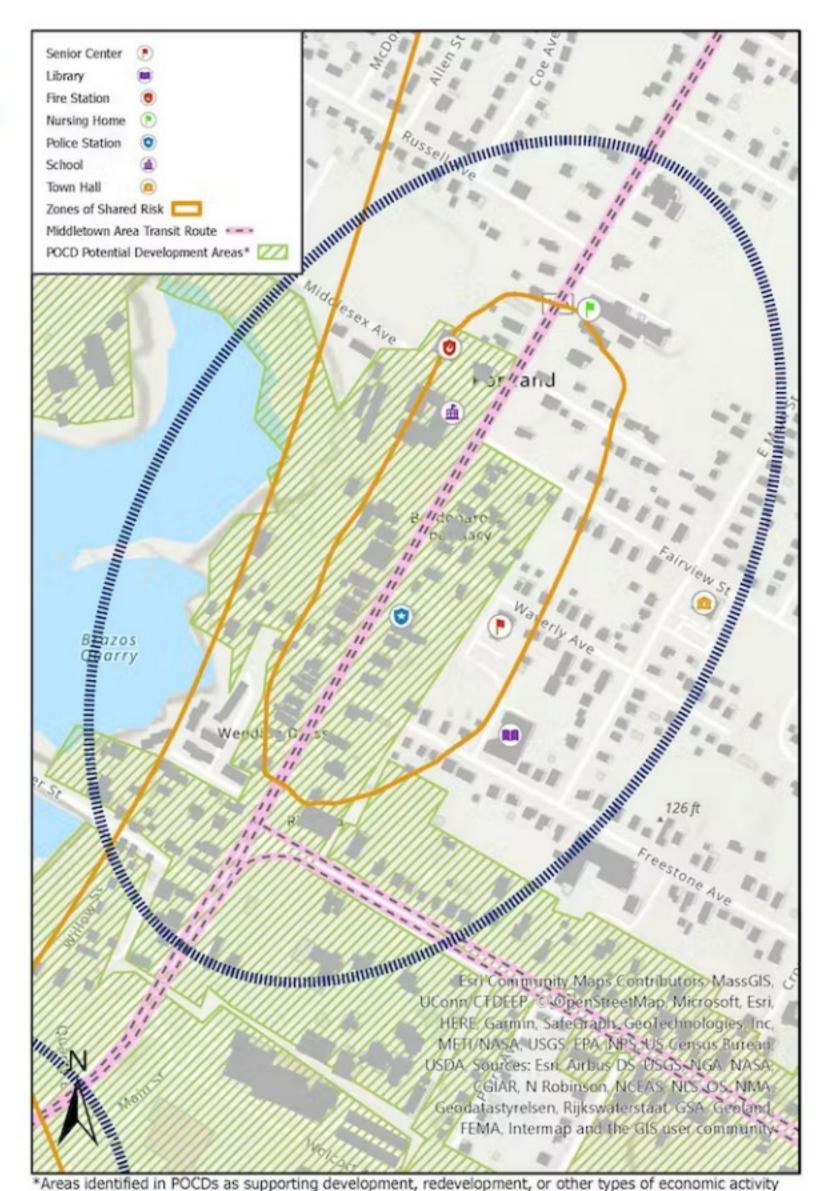
Three of Portland's critical facilities and associated parking lots -- the police department, the library, and the senior center -- experience shallow pluvial flooding after intense precipitation events. The senior center is the cooling center, warming center, and public food pantry for Portland. The area that floods is a topographic depression located on the east of Main Street and the south side of Waverly Avenue.

Middletown Area Transit bus access is located on Main Street, Route 66, and High Street. Resiliency solutions for the town could have key co-benefits to advance cooling opportunities along the pedestrian accessways from transit lines to the senior center.

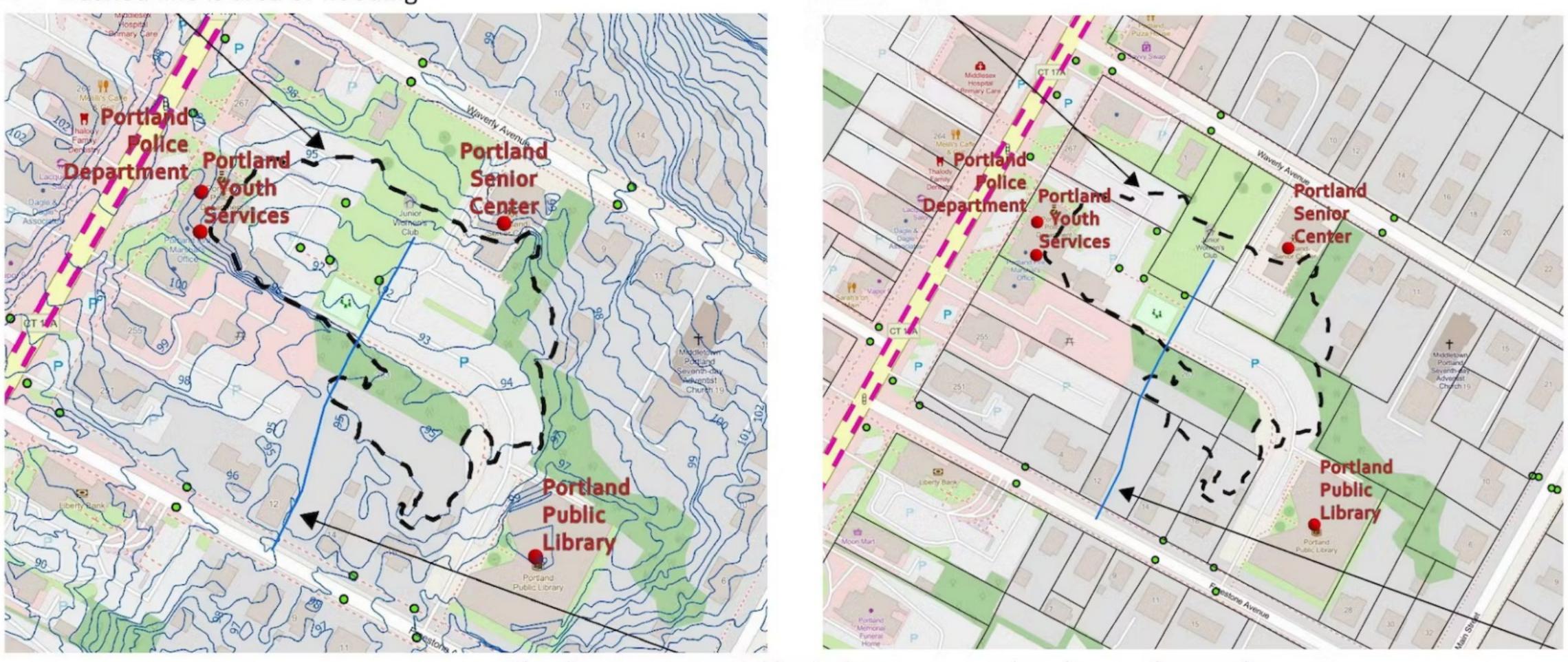
Portland Senior Center Portland Police Department Portland Public Library Portland Town Hall Portland Care & Rehab Center Portland Company 1 Station Brownstone Intermediate School





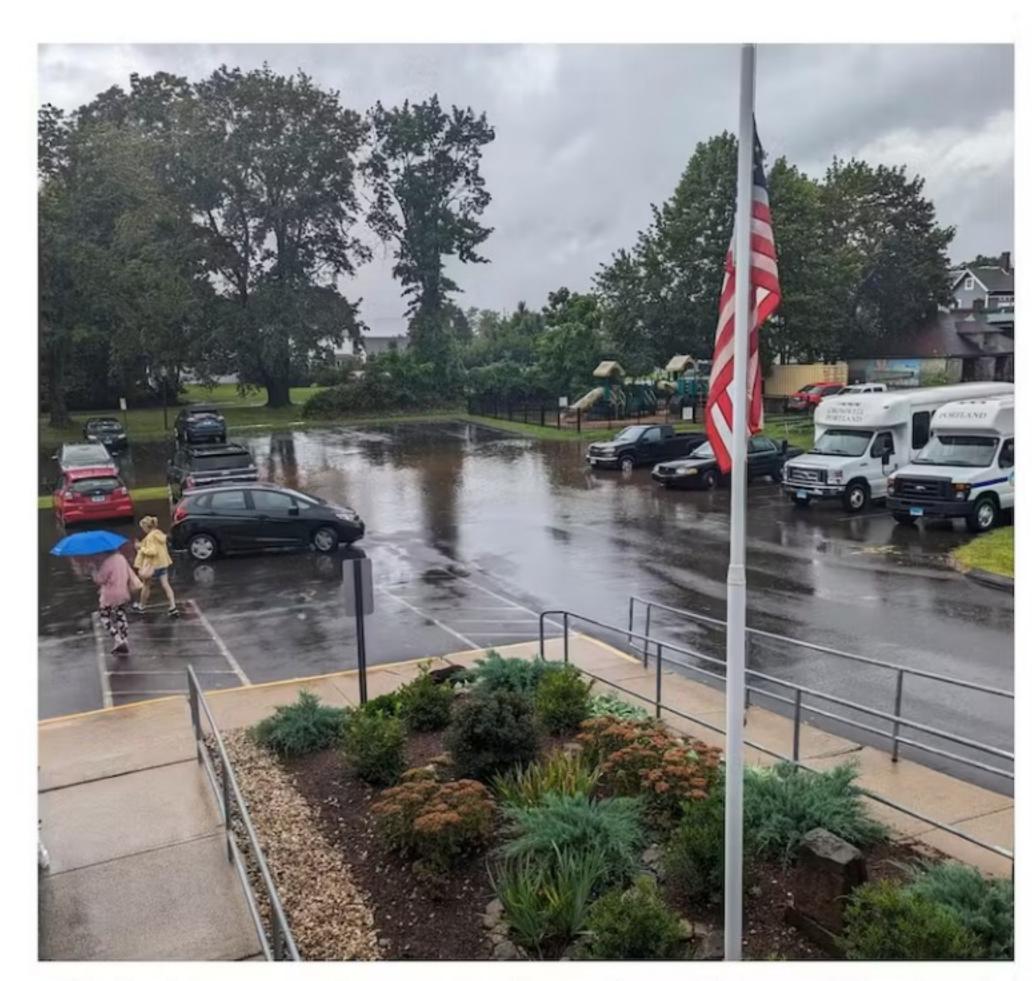


Dashed line is area of flooding



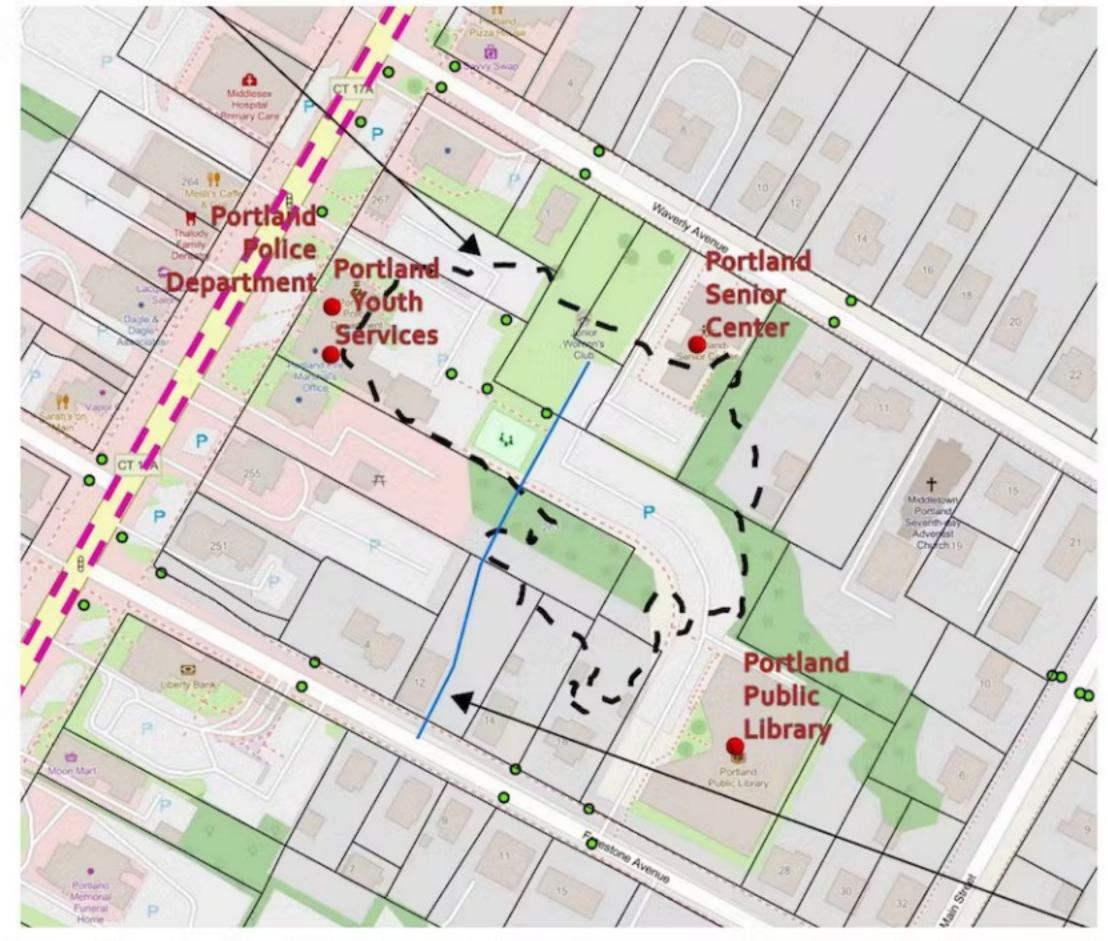
Blue line is a potential buried watercourse heading to the south





Typical heavy rain event; photo from Town of Portland

Dashed line is area of flooding



Blue line is a potential buried watercourse heading to the south



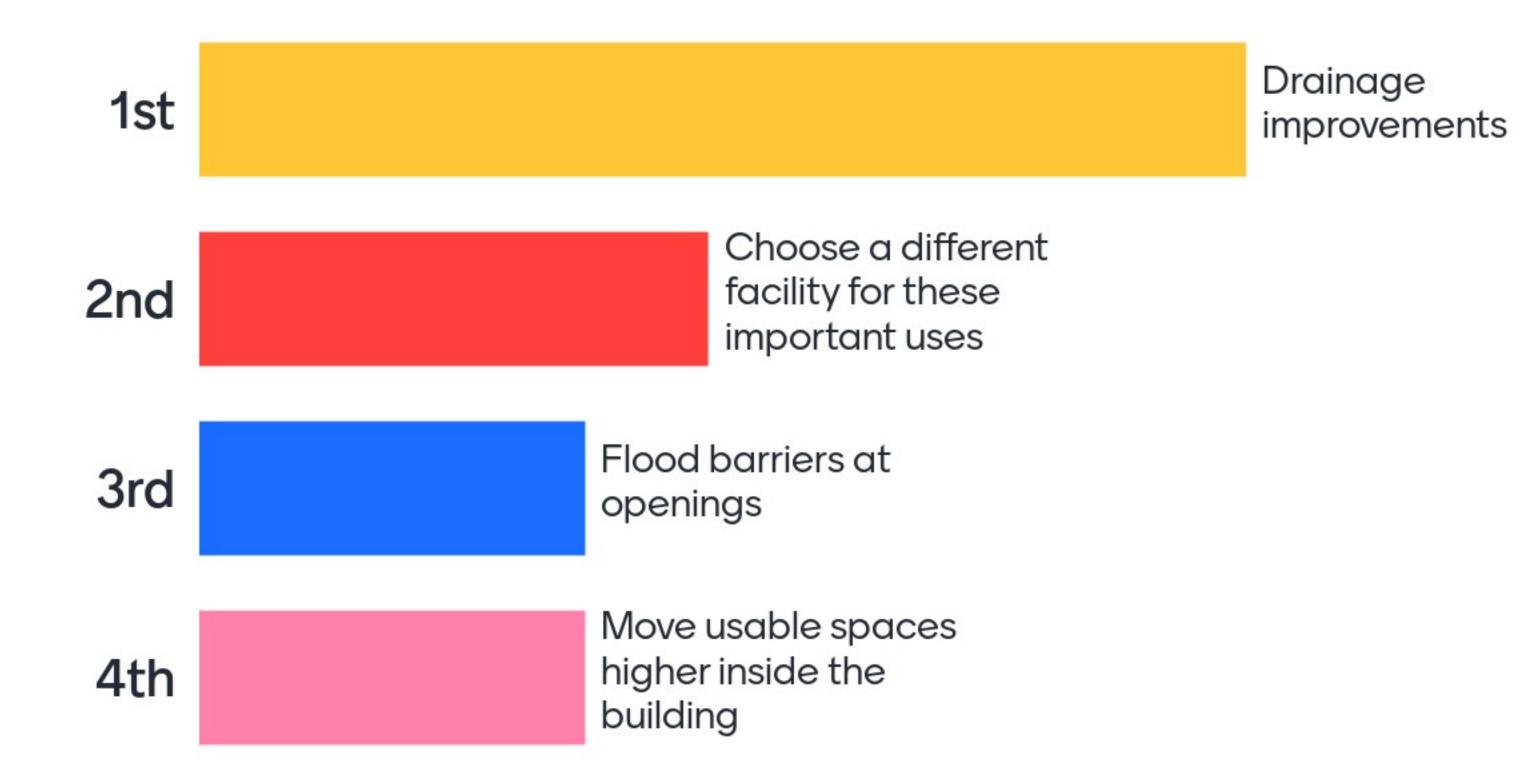


What would you do to make the senior center/food pantry/cooling center more resilient? People may be inside the facility during intense precipitation events.



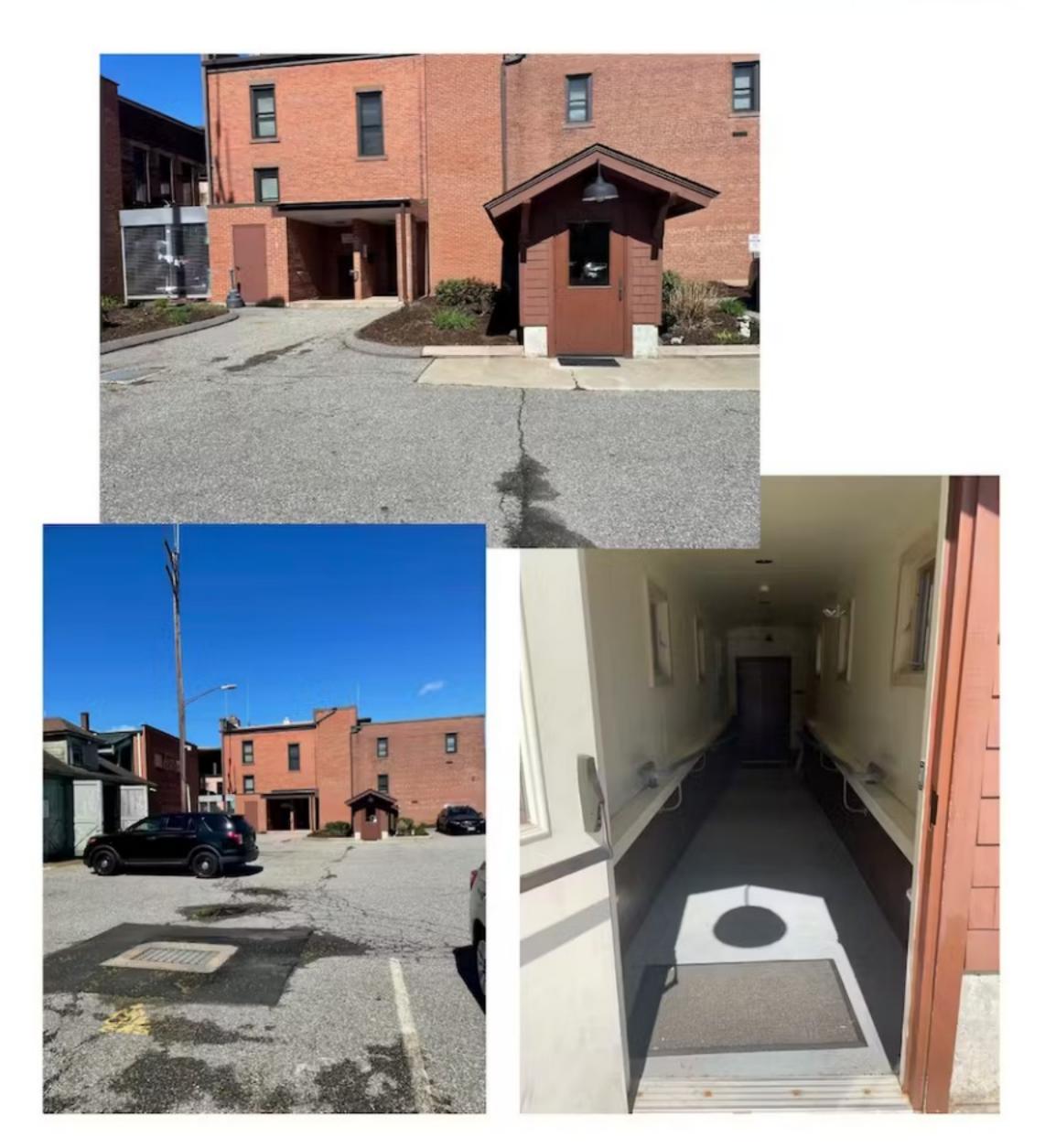
RESILIENT PORTLAND









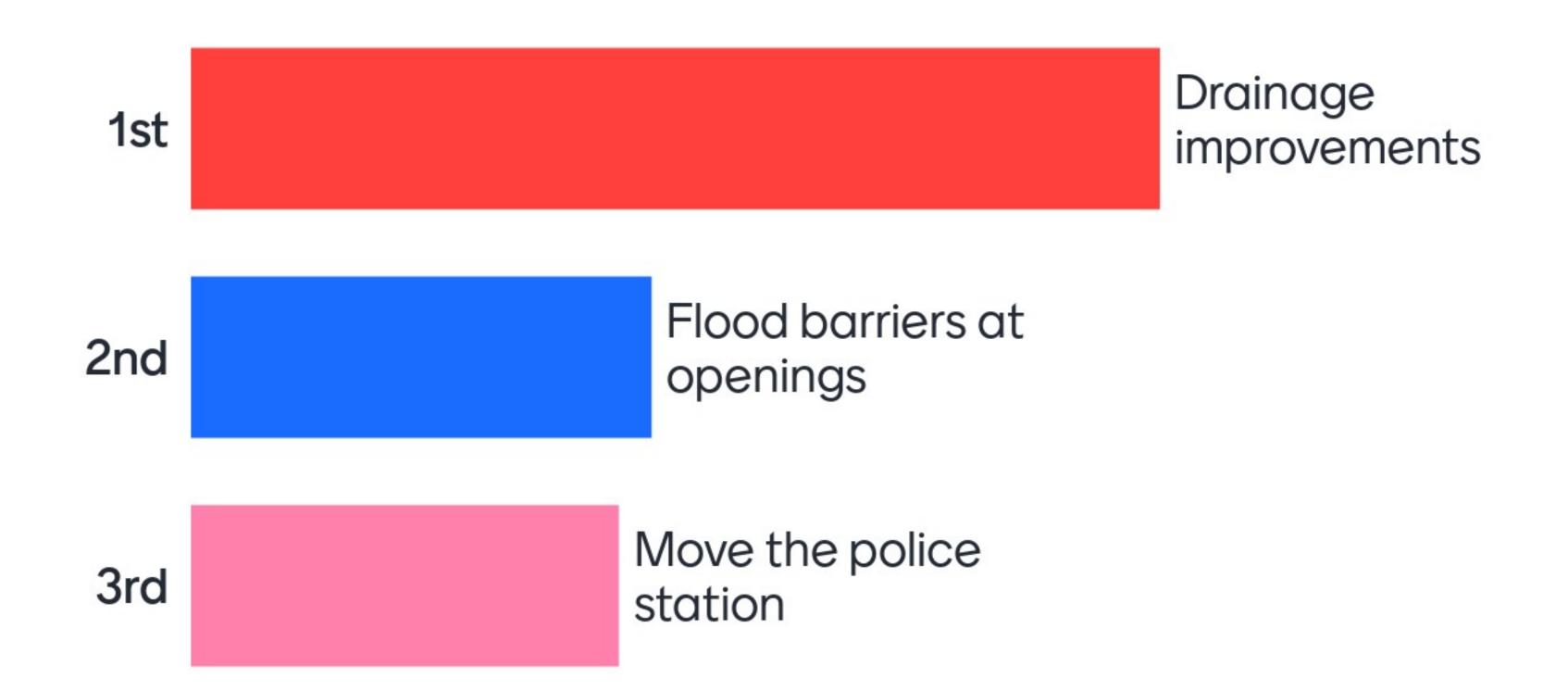


What would you do to make the police station more resilient? Police need access during intense precipitation events.













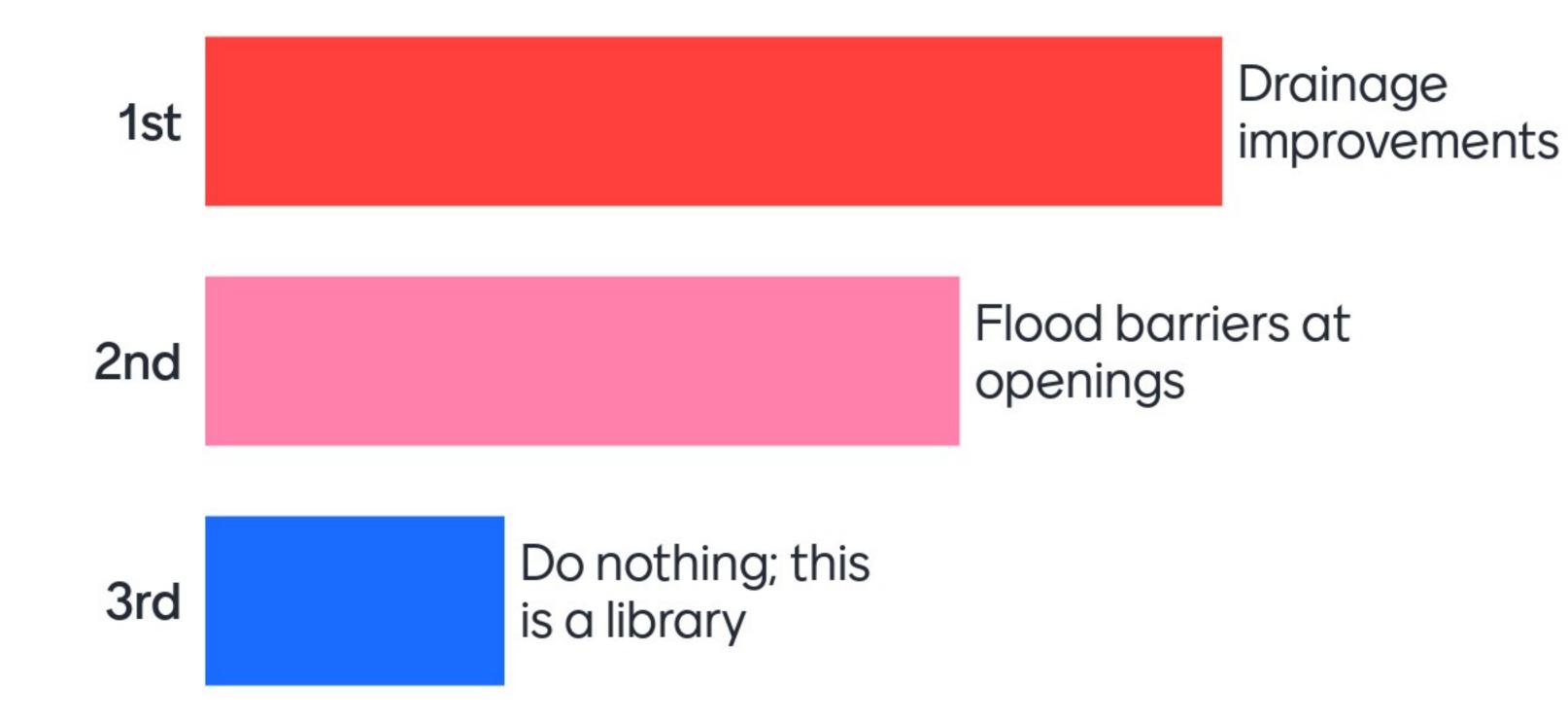


What would you do to make the library more resilient? People may be inside the facility during intense precipitation events.













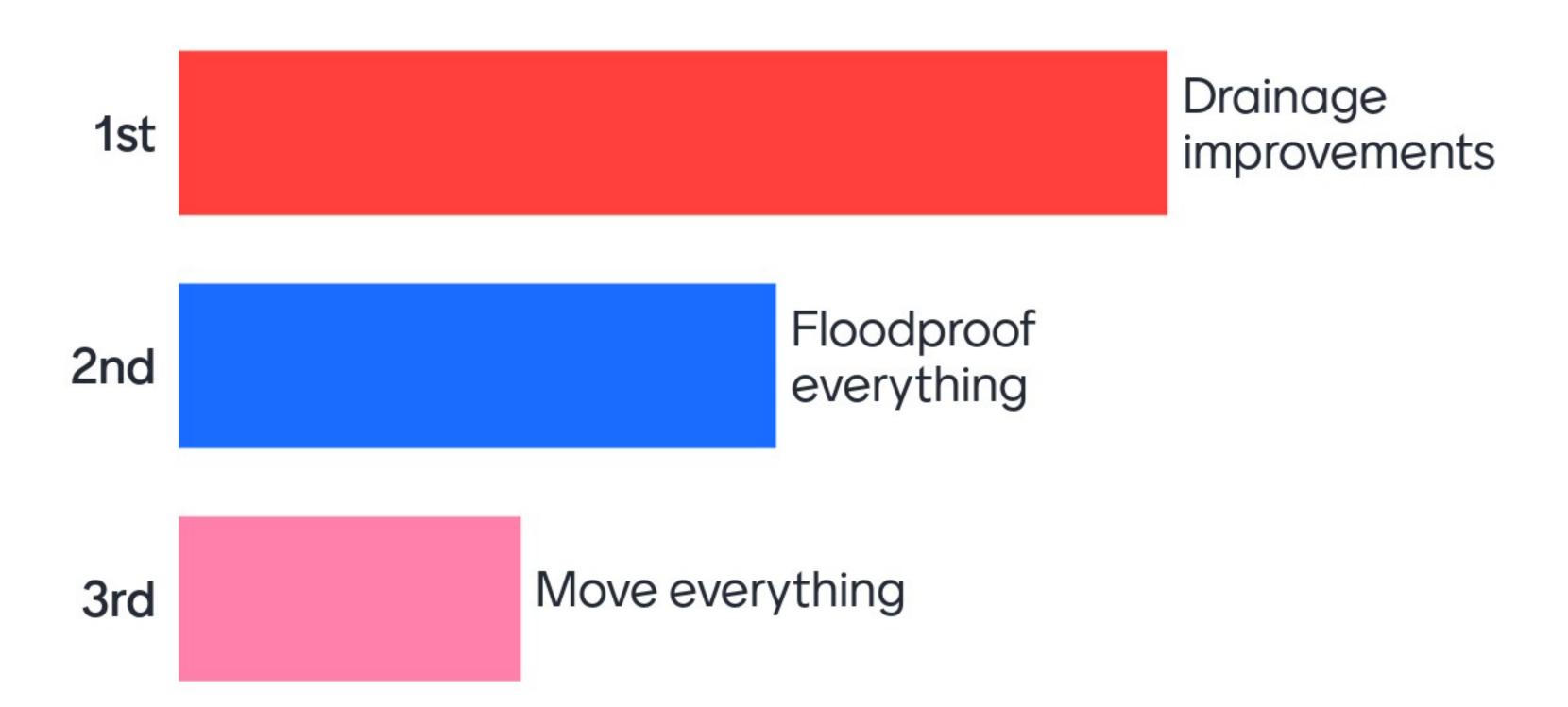


Thinking about the three facilities together, what should be done to make them more resilient?













Flood Risk Reduction

- Succor Brook corridor has a flashy nature and has flooded nonresidential buildings used by Goodspeed
- The Actor Housing development (constructed 2011) has flood risk but has not yet flooded
- The Town's WWTP is at risk of flooding from the Connecticut River

Resilient Connecticut 2.0 Phase II

Regional Adaptation/Resilience Opportunity Areas

Name: Goodspeed / Succor Brook Location: East Haddam

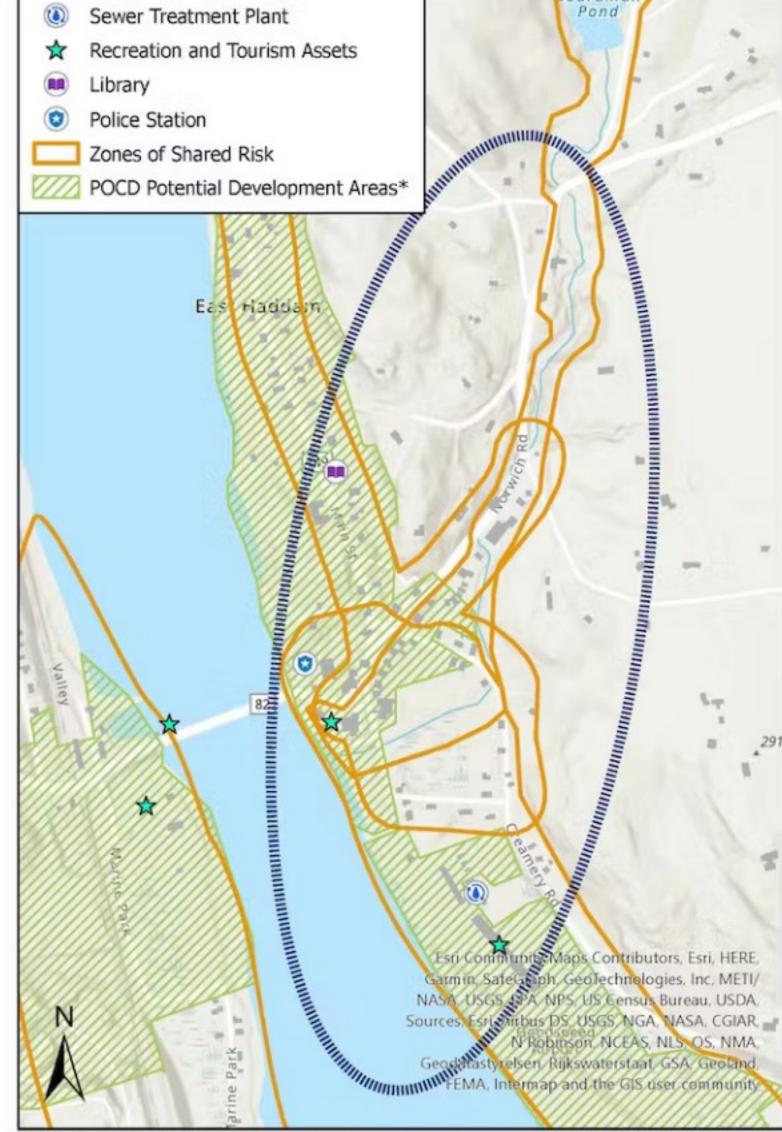
Consideration	Characteristics of Area						
Flood Vulnerability							
Heat Vulnerability							
Social Vulnerability							

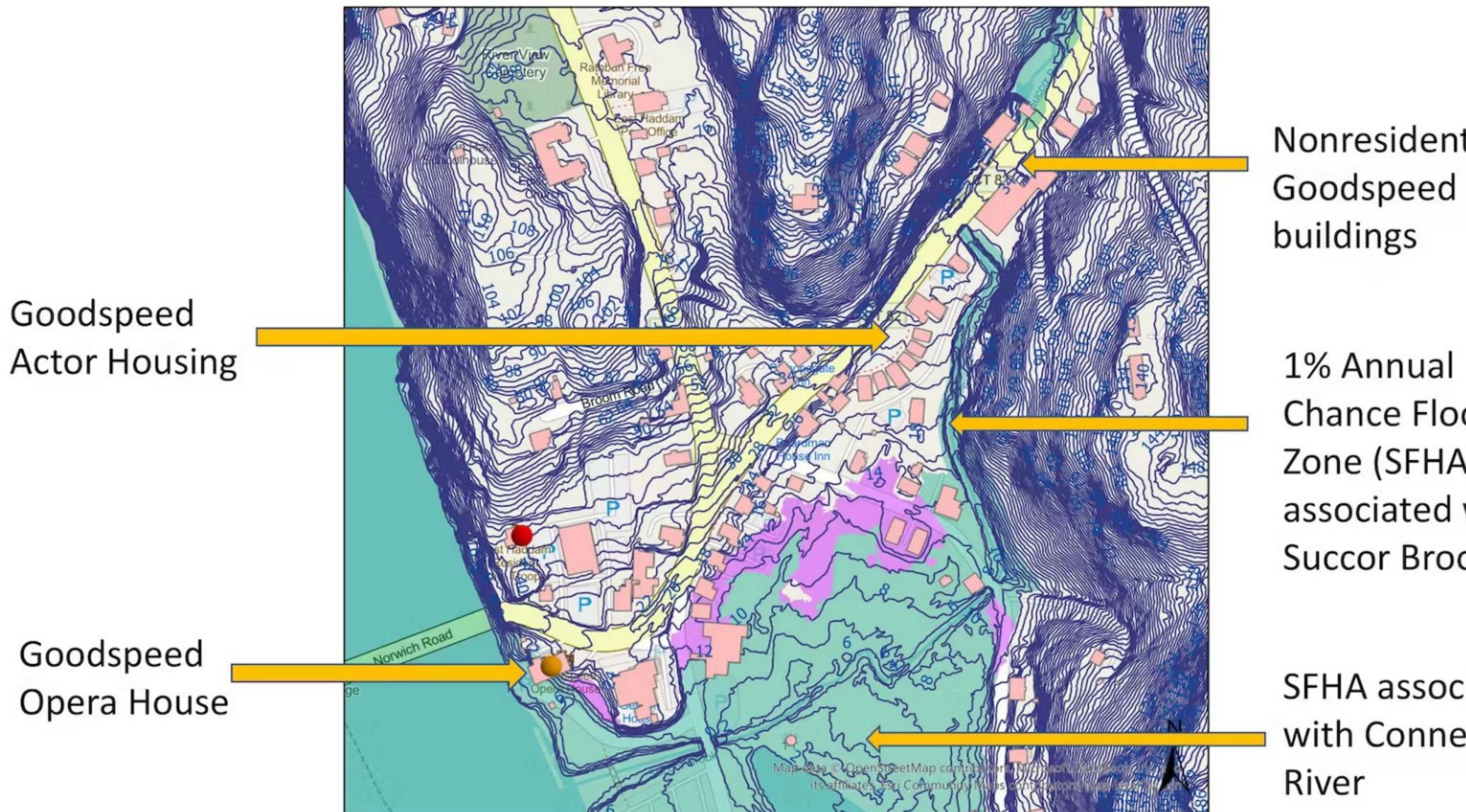
East Haddam residents have identified flooding from Succor Brook as a persistent concern for the center of town. This brook periodically overtops its banks, and past flash floods have impacted structures associated with the Goodspeed Opera House, including the actor housing, library of musical theater, and rehearsal studio. The Goodspeed is a regional asset that brings 80,000 - 100,000 visitors to East Haddam every year. Additional community assets in this area include the town's police department, sewer treatment plant, and public library, the latter of which can be used as a cooling center when needed.

Goodspeed Opera House Goodspeed Airport East Haddam Police Department Rathbun Free Memorial Library East Haddam Sewer Treatment Plant









Nonresidential

Chance Flood Zone (SFHA) associated with Succor Brook

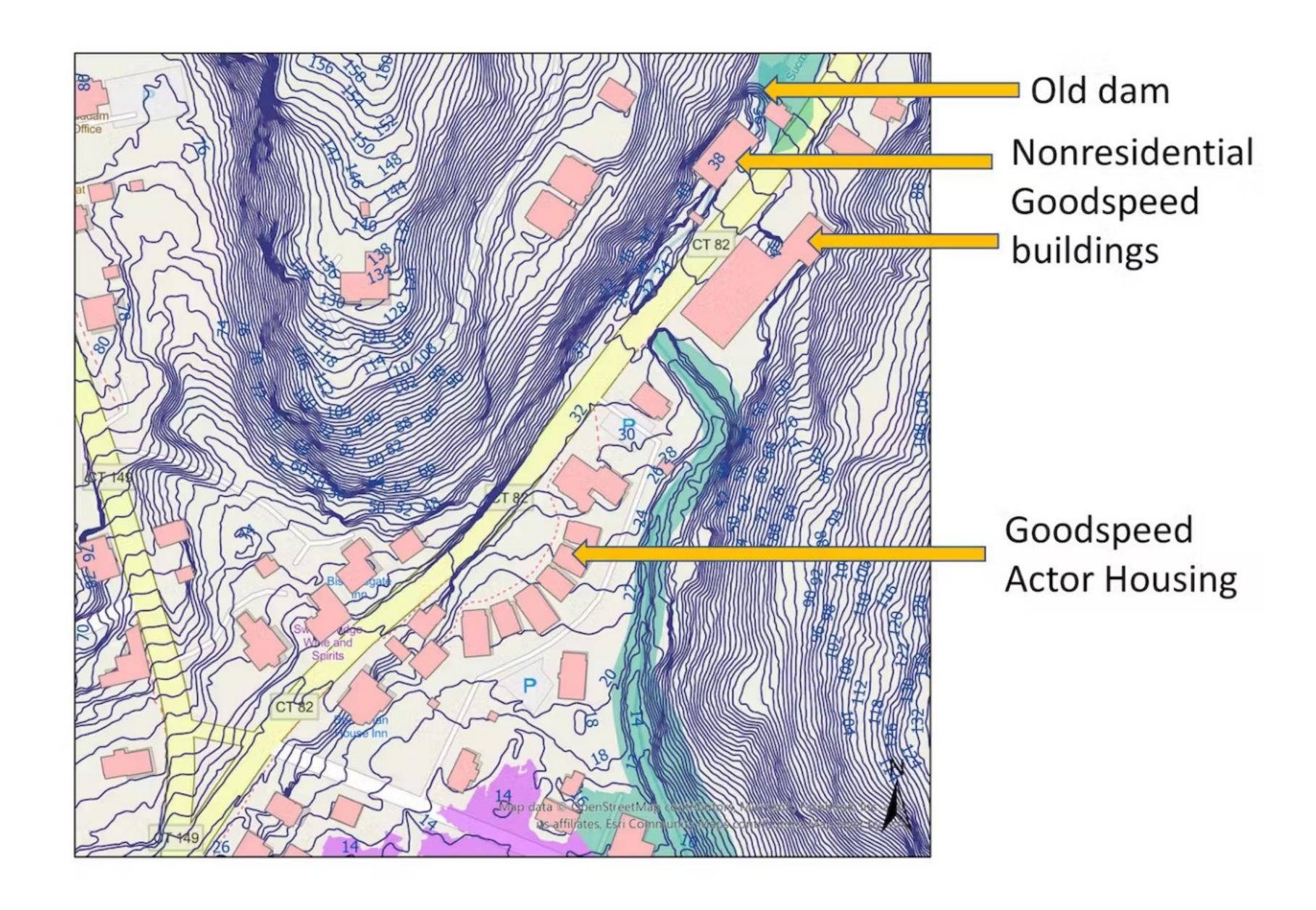
SFHA associated with Connecticut

Did you know...

 Actors' unions set maximum distances between performing spaces, housing, and rehearsal spaces?

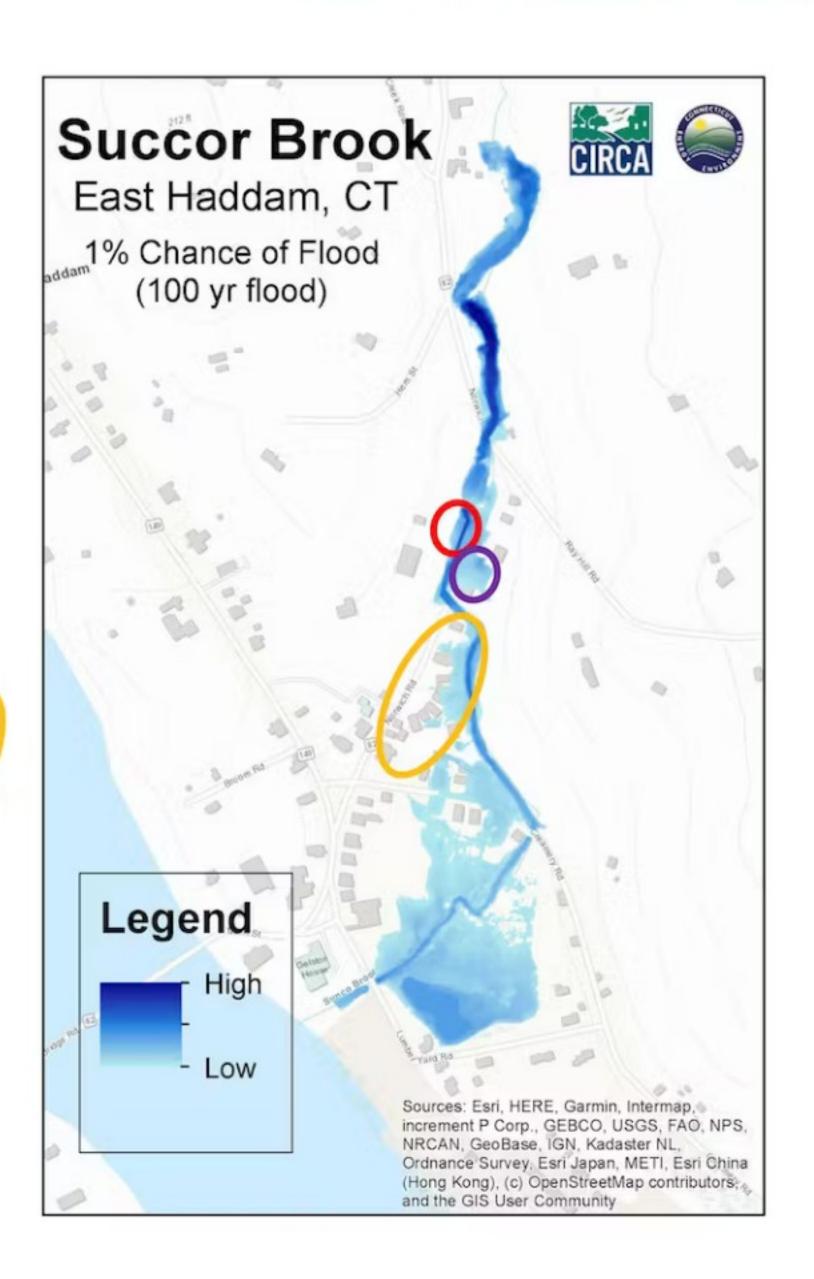
and

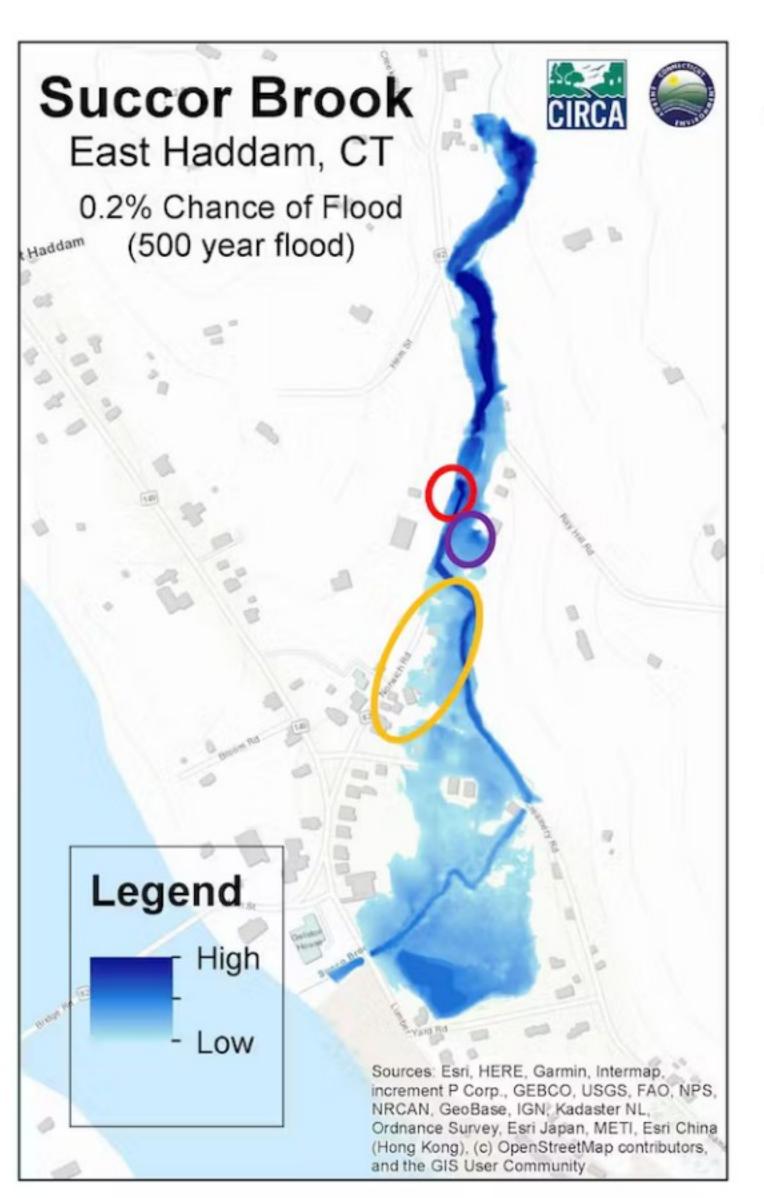
East Haddam
 center doesn't
 have much excess
 space!



Buildings that have flooded or nearly flooded in recent years:

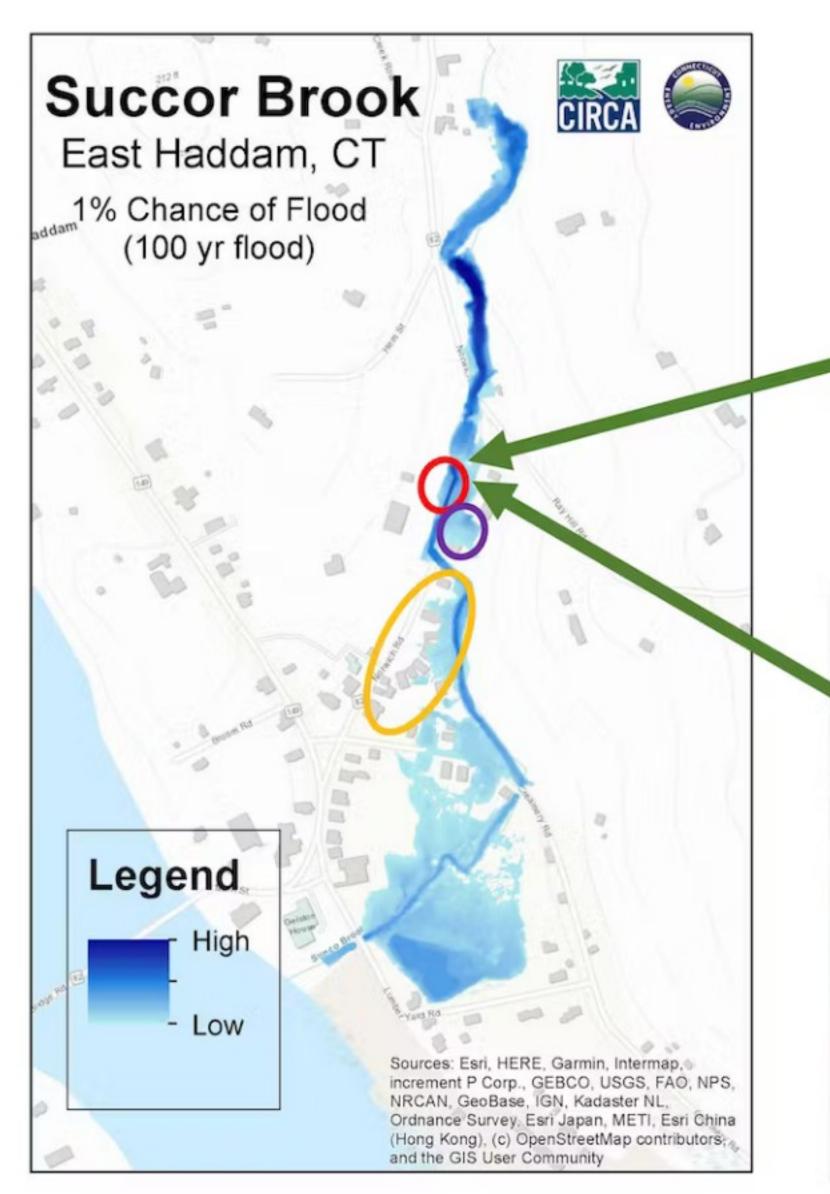
- Rehearsal Hall ()
- Offices and Administration
- Housing



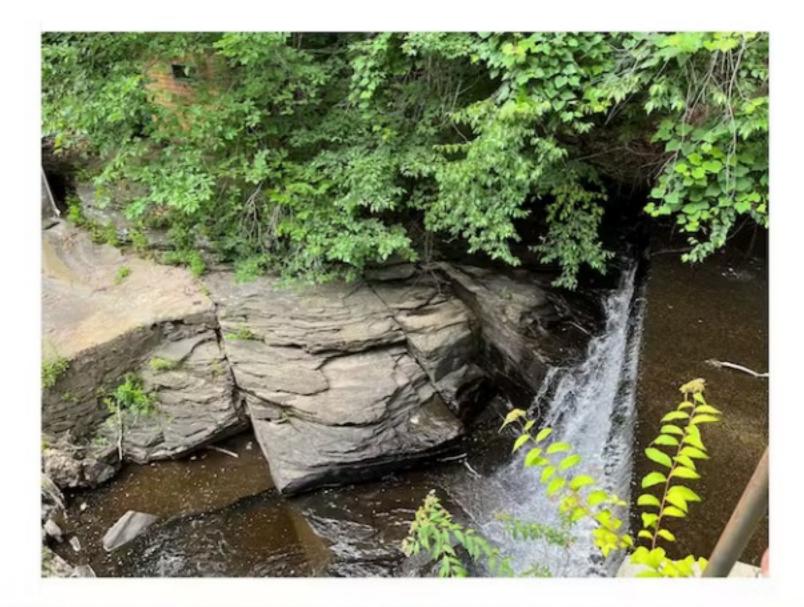


- CIRCA developed HEC-RAS modeling and inundation mapping for Succor Brook, since the SFHA is an A zone
- The lateral extent of flood risk is not significantly different when comparing the 1% to the 0.2% chance flood events













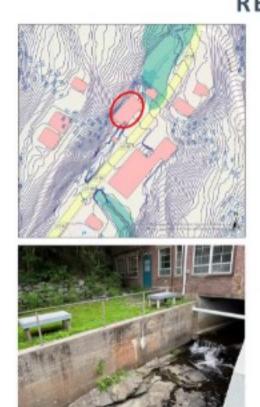


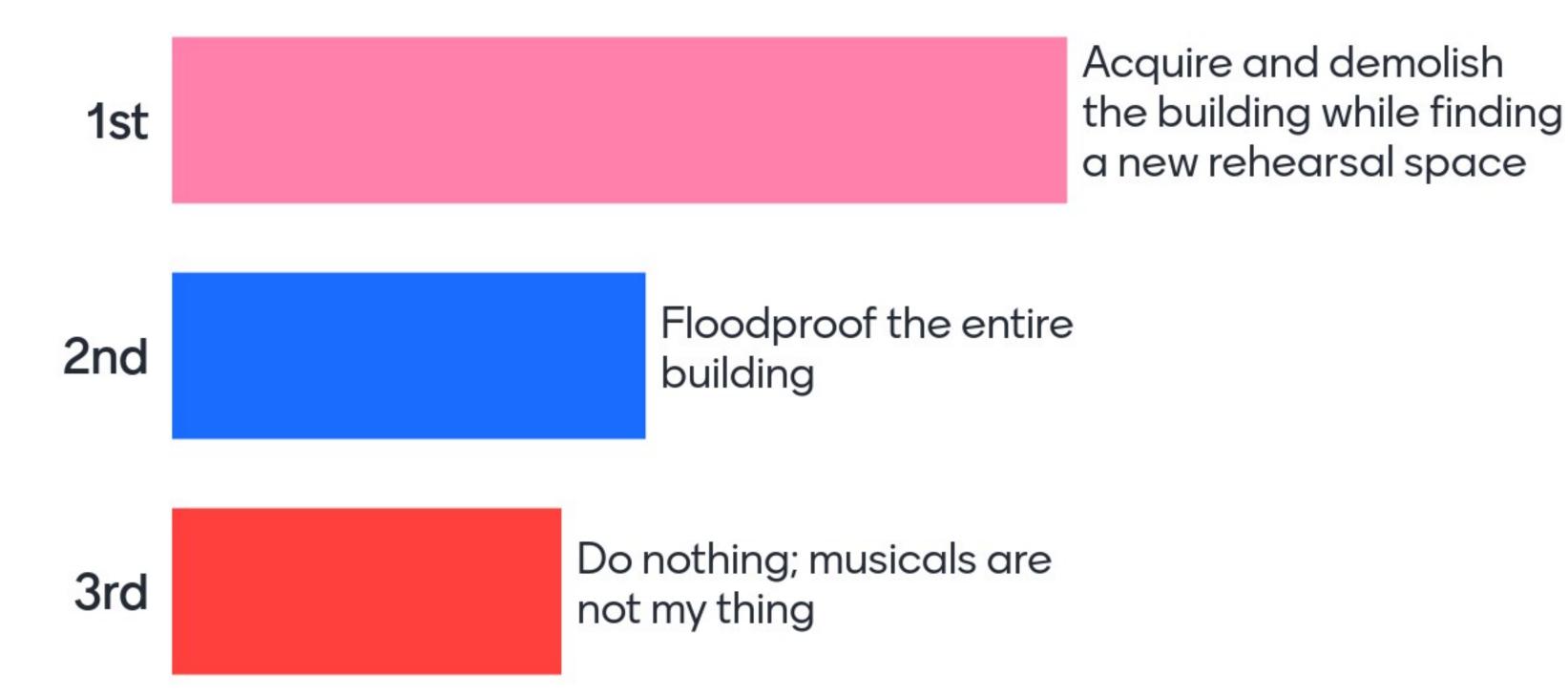


What would you do to make the rehearsal hall more resilient, or make the use (rehearsing) more resilient? The actors cannot walk further than their union contracts allow.



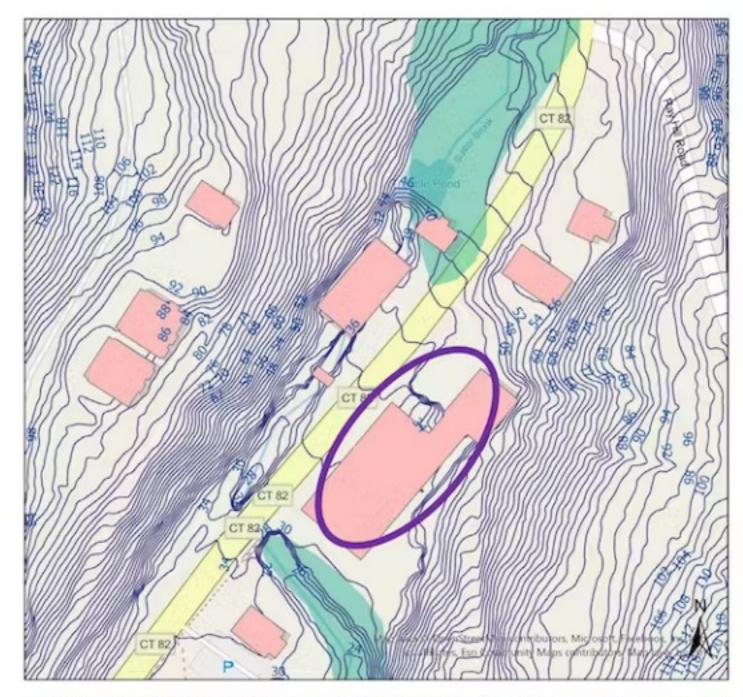










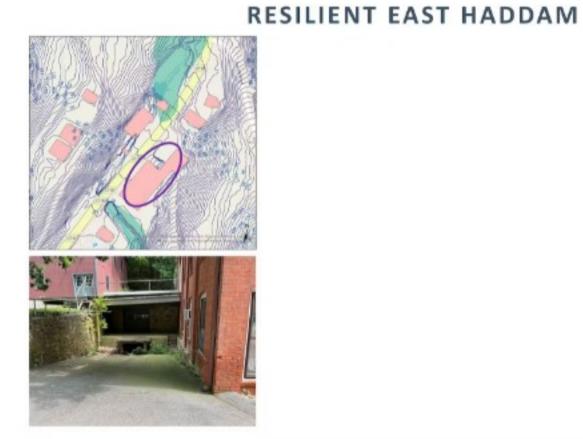


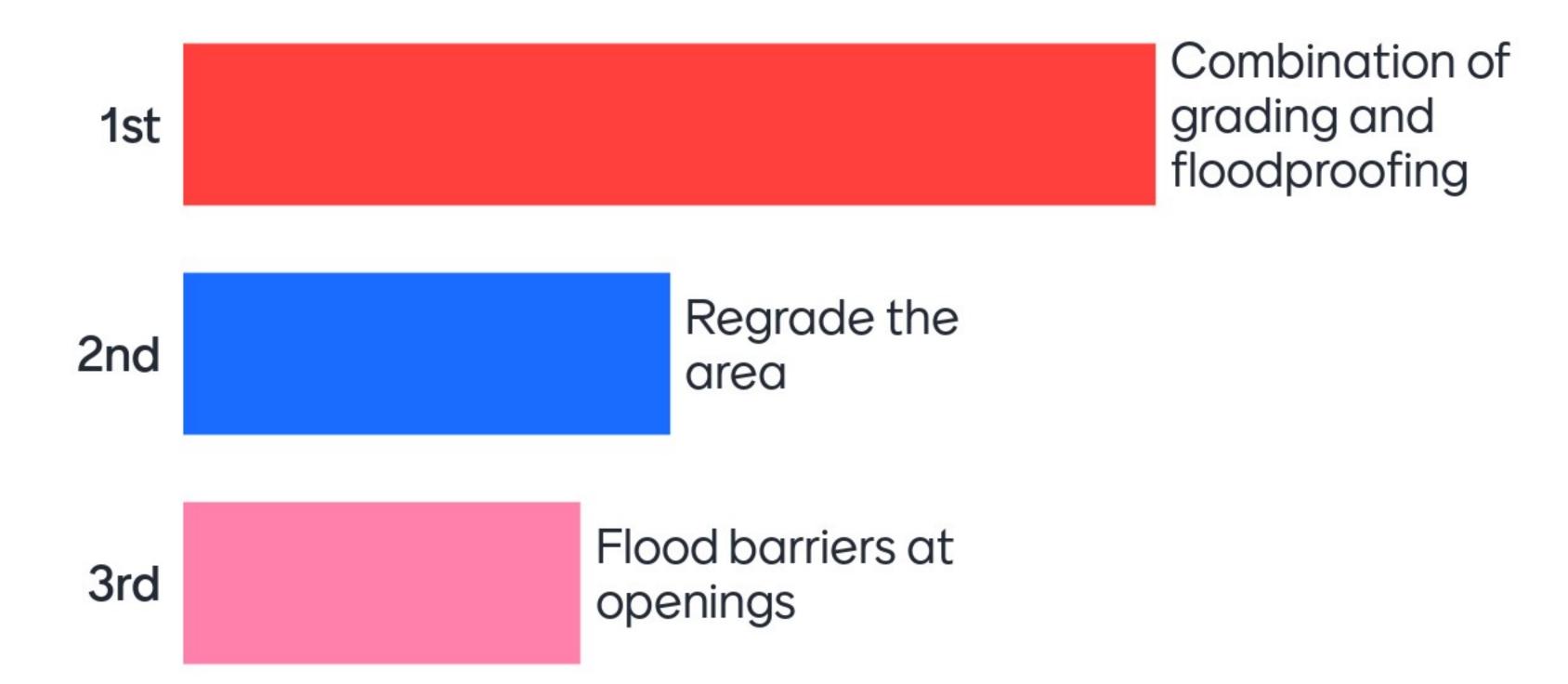


What would you do to make the office building more resilient, or make the uses (administration, facilities management) more resilient?



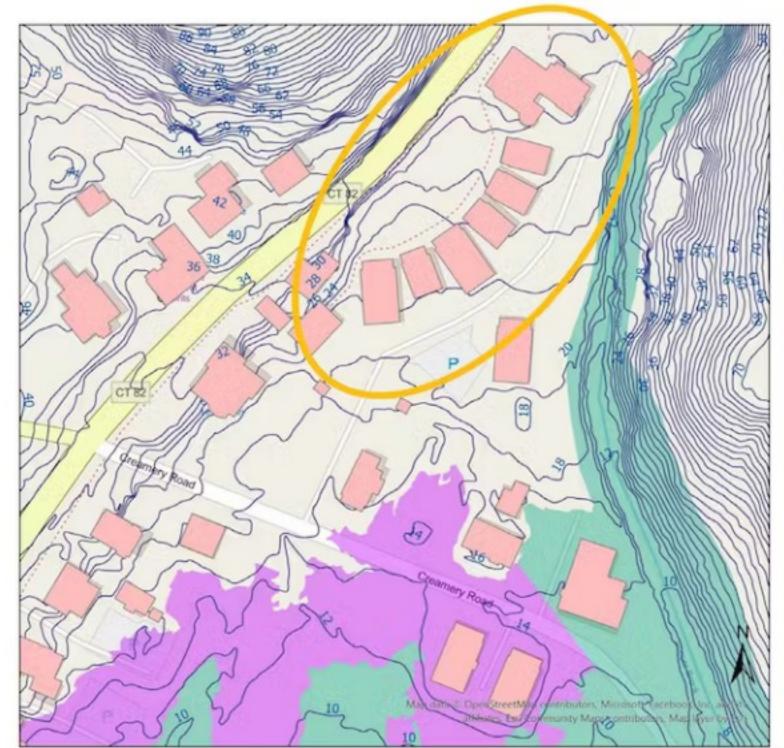












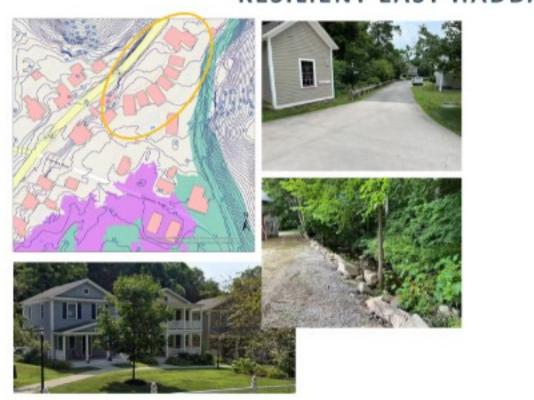


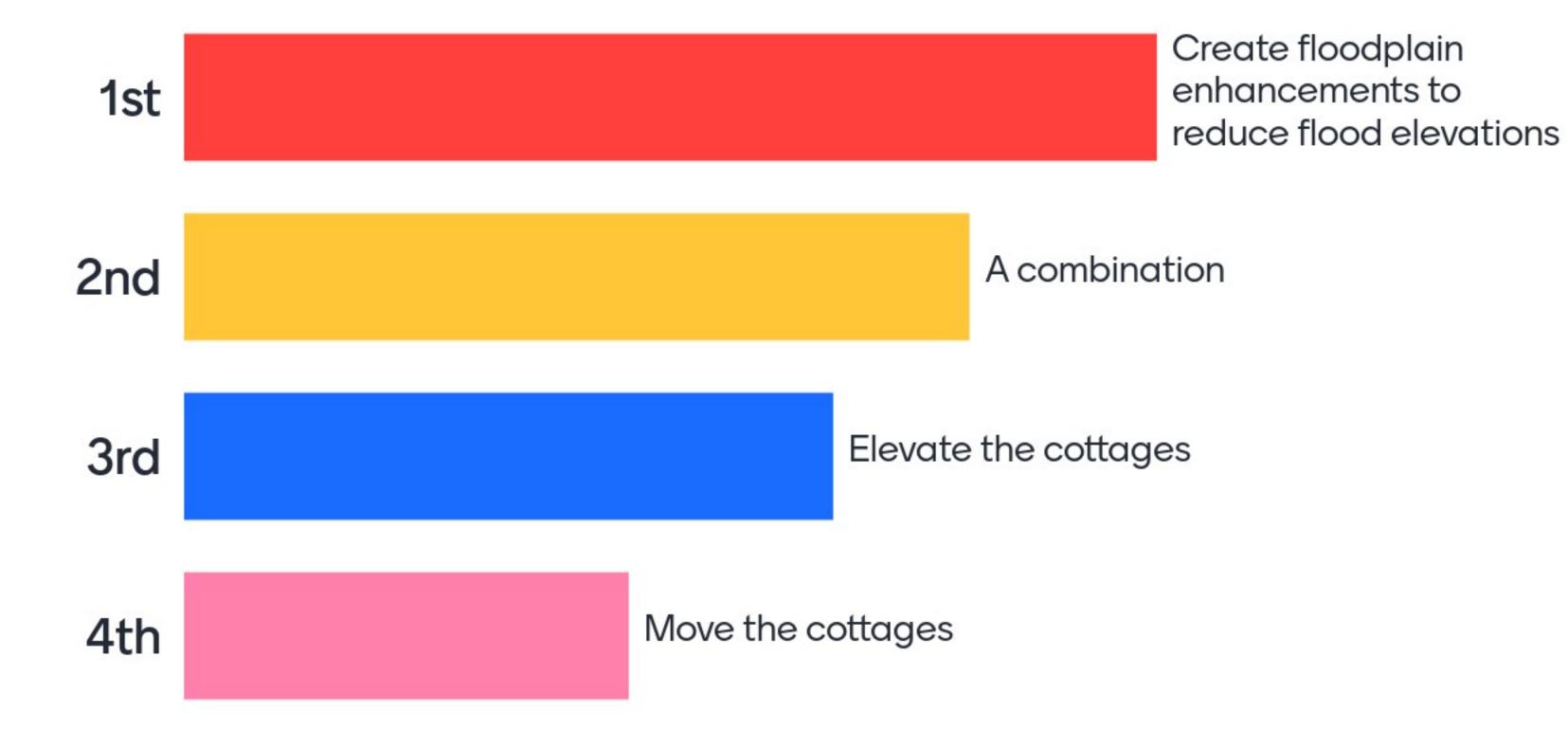


What would you do to make the actor housing more resilient? The actors cannot walk further than their union contracts allow.













RESILIENT MYSTIC/STONINGTON

Flood Risk Reduction

- Numerous regional assets, critical facilities, key roads, and historic and cultural resources have coastal flood risk; these include:
 - Mystic Seaport
 - Mystic Fire Company
 - Town WWTP
 - Train Station
- Sea level rise will increase the incidence and depth of flooding

Resilient Connecticut 2.0 Phase II

Regional Adaptation/Resilience Opportunity Areas

Name: Mystic Location: Stonington

Consideration	Characteristics of Area						
Flood Vulnerability							
Heat Vulnerability							
Social Vulnerability							

The Mystic section of Stonington experiences coastal flood inundation from king tides and storm surges. Over time, flooding is expected to increase in frequency and duration. Inundation has impacted and/or isolated private and public properties, transportation infrastructure, transit lines, critical facilities such as the Mystic Fire Company, historic and cultural resources, and major economic assets such as Mystic Seaport Museum. Inherent challenges include the fact that historic structures may be impossible to elevate, the geometry of the road network may complicate elevations of individual road surfaces, and critical facilities such as the Mystic Fire Company and the wastewater treatment plant could become isolated in a flood. Meanwhile, new developments are elevated or floodproofed, making them relatively resilient without addressing isolation risks. Extreme heat management is a concern in Mystic. The cooling centers for the Town of Stonington are in the high school and police station, several miles from Mystic. If cooling centers are needed during a flood event, roads may be impassable and people may not be able to reach them. Options for extreme heat management in Mystic may be limited, and the community may wish to consider methods of reducing the causes of heating as well as methods of providing respite from heat.

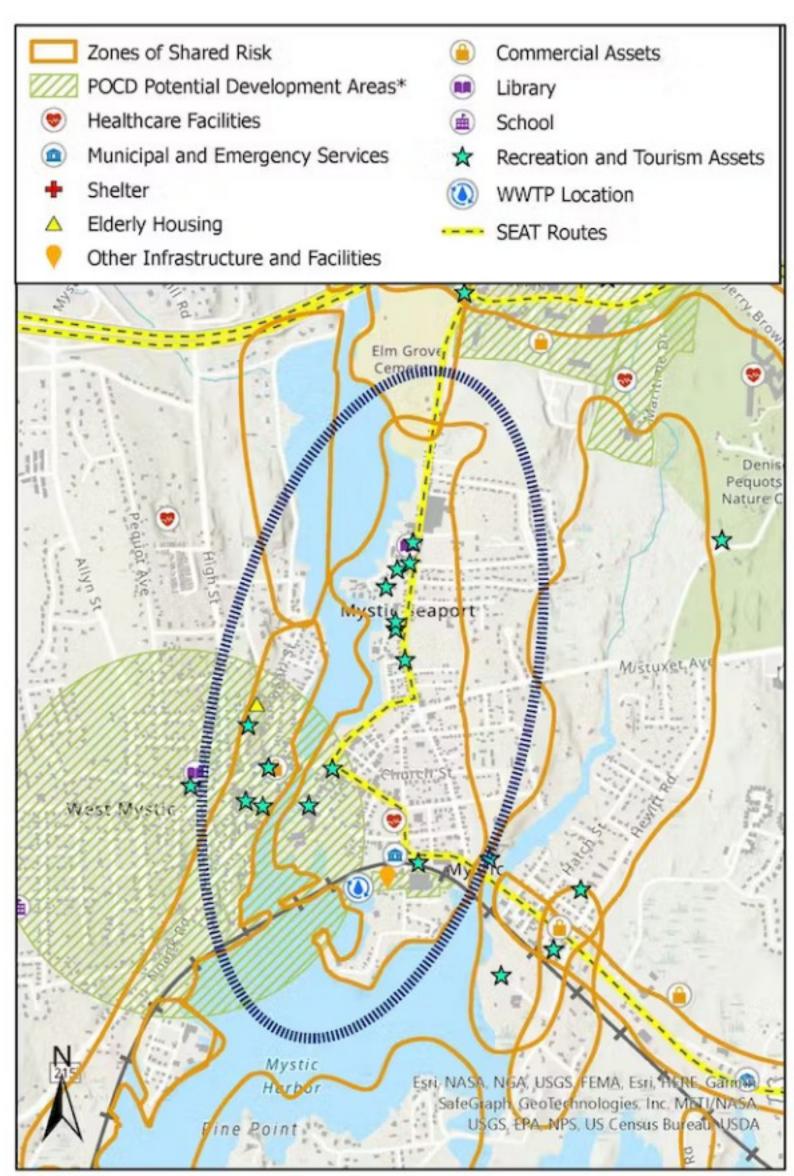
Mystic Seaport Museum Mystic Seaport Museum Library Mystic Museum of Art

Mystic Velo Mystic Amtrak Station Water Pollution Control Facility

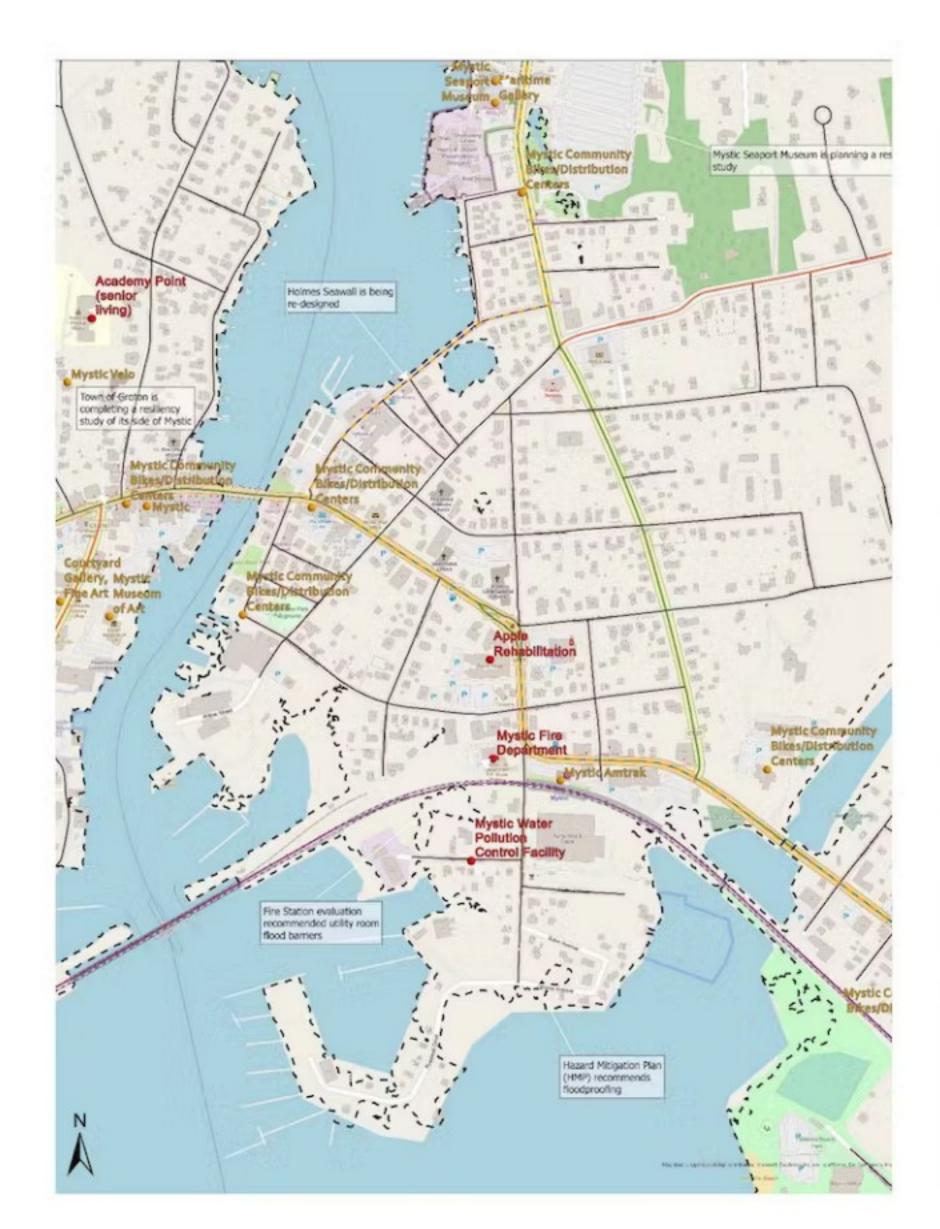
Academy Point Senior Living Mystic Fire Department Apple Rehab

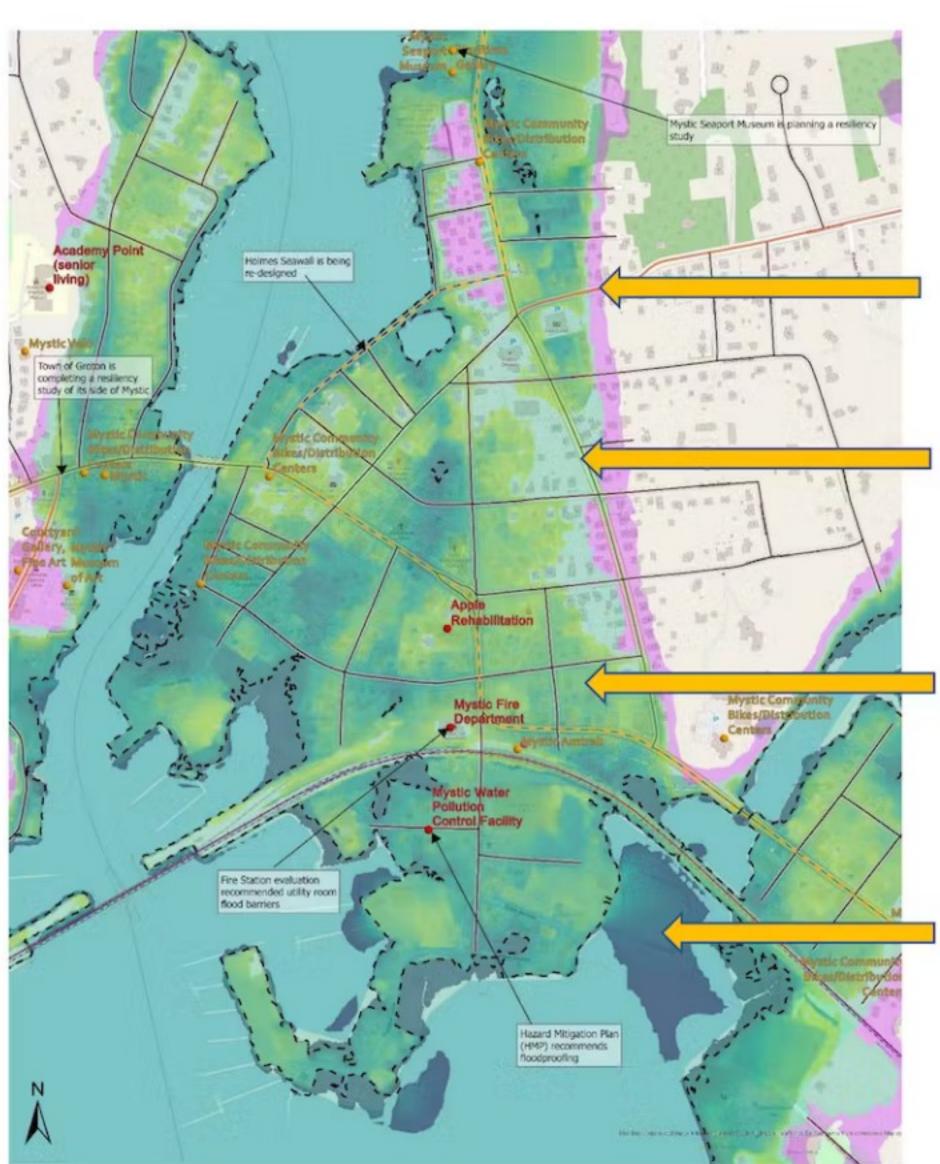






RESILIENT MYSTIC/STONINGTON





Pink = 0.2% flood (FEMA)

Light blue = 1% flood (FEMA)

Green = 1% flood (shallow) (CIRCA flood analysis)

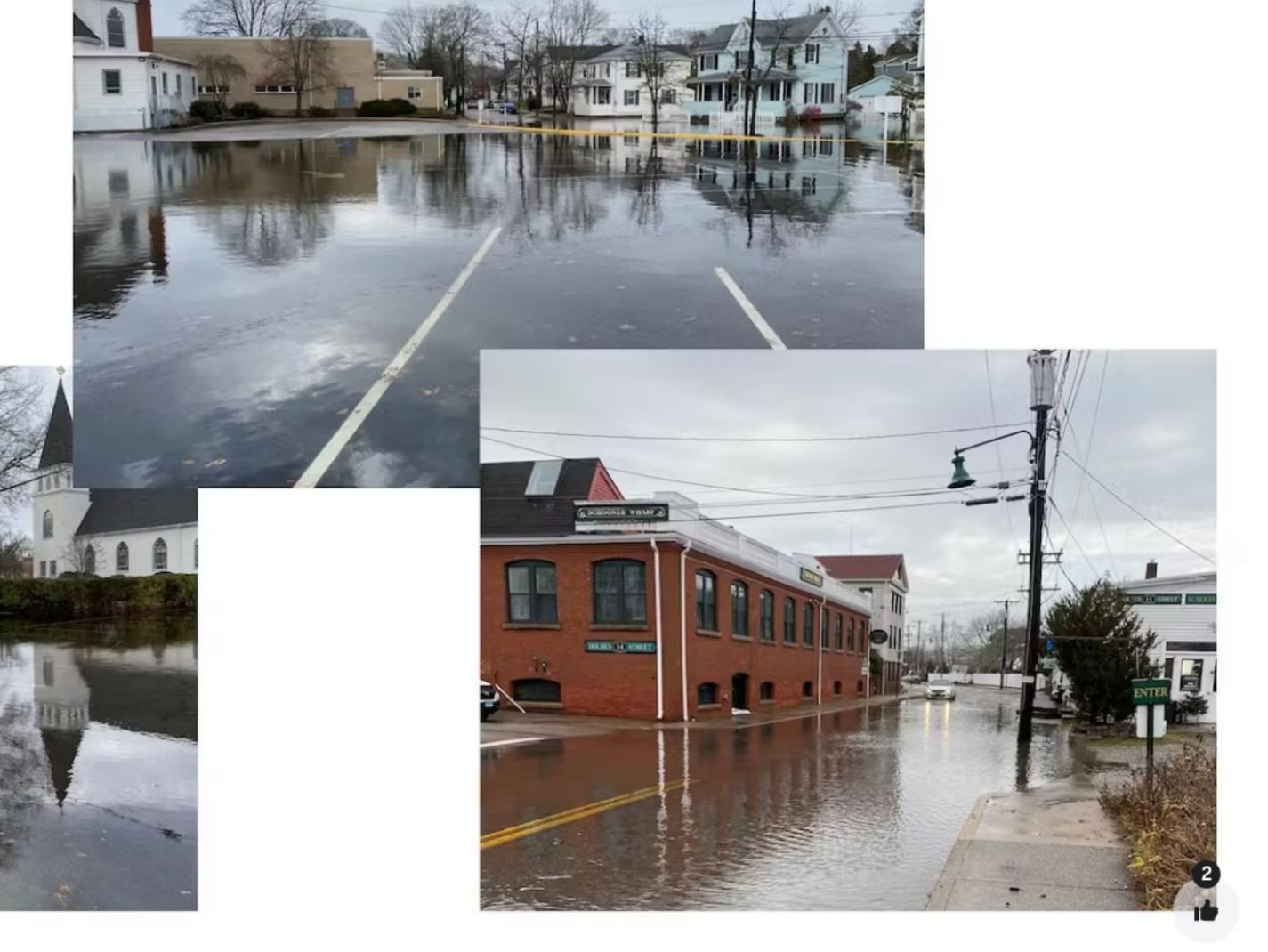
Dark blue = 1% flood (deep) (CIRCA flood analysis)



RESILIENT MYSTIC/STONINGTON



12/22/23 Coastal Flood Event; photos from CIRCA





What would you do to make privately owned buildings more resilient?





RESILIENT MYSTIC/STONINGTON















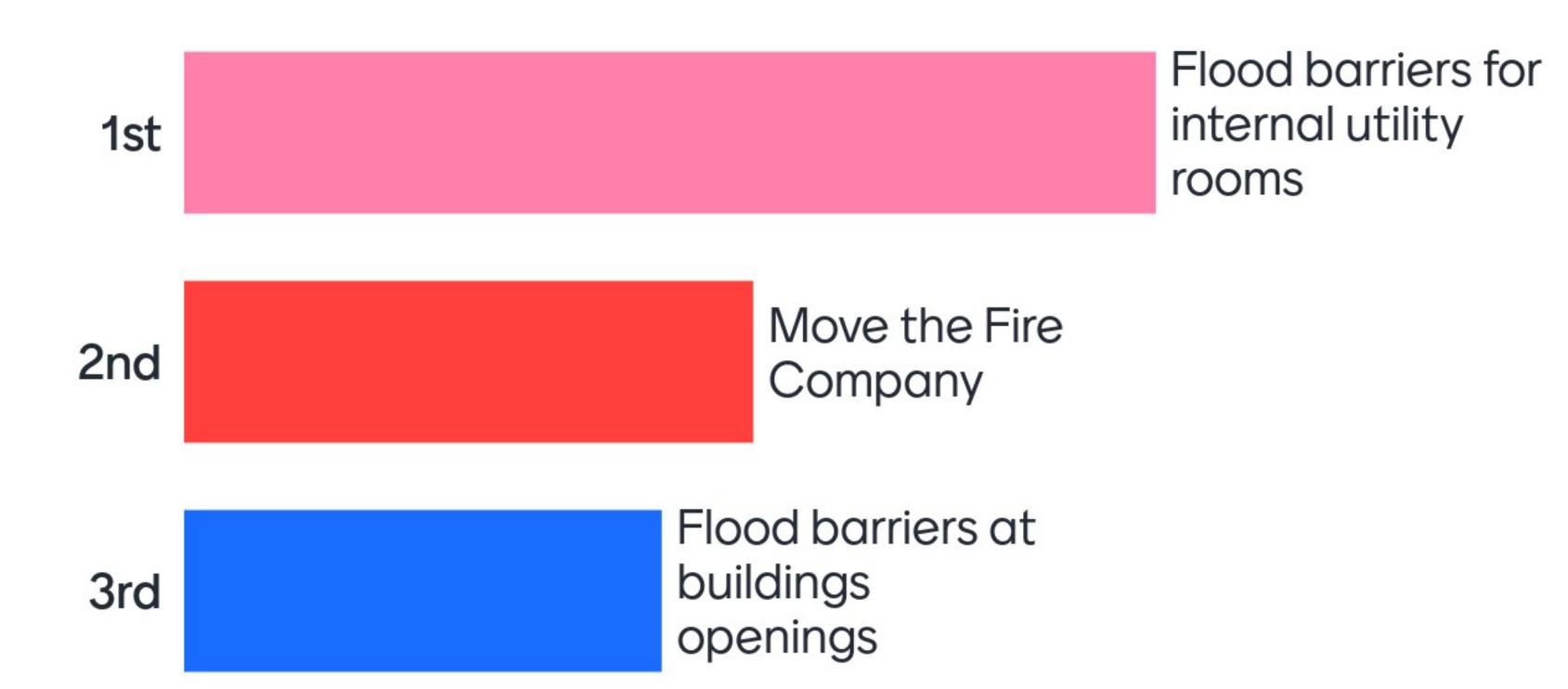


What would you do to make the Mystic Fire Company Station more resilient?



RESILIENT MYSTIC/STONINGTON











What would you do to make important historic and cultural resources more resilient?





RESILIENT MYSTIC/STONINGTON

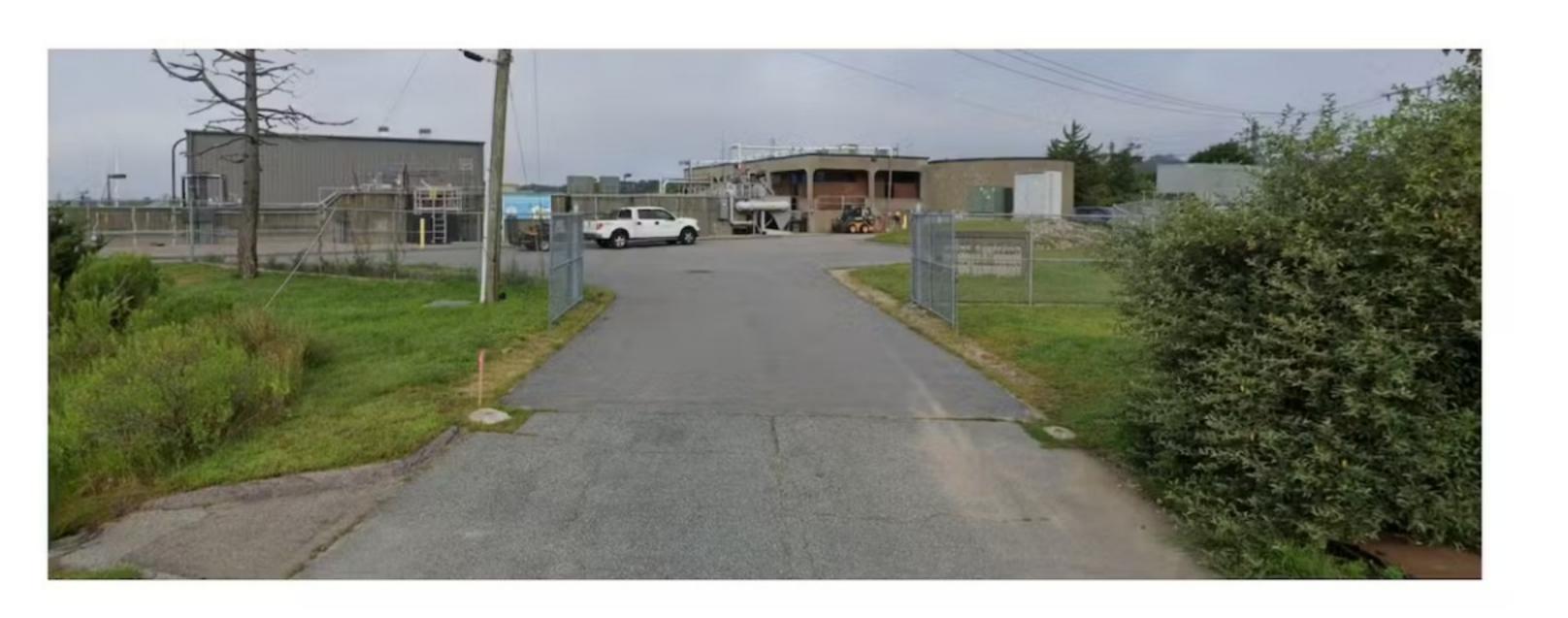










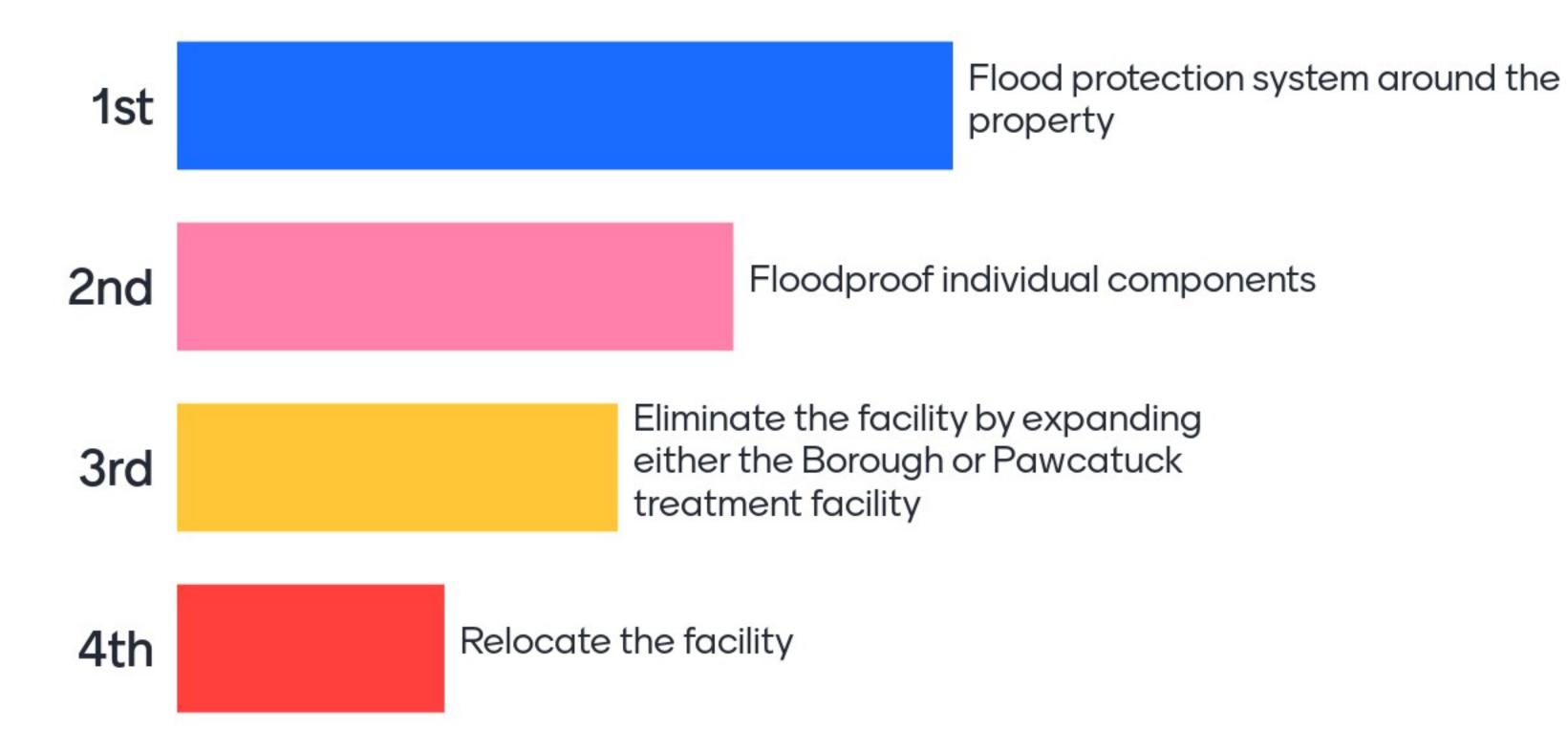


What would you do to make the wastewater treatment plant more resilient?



RESILIENT MYSTIC/STONINGTON







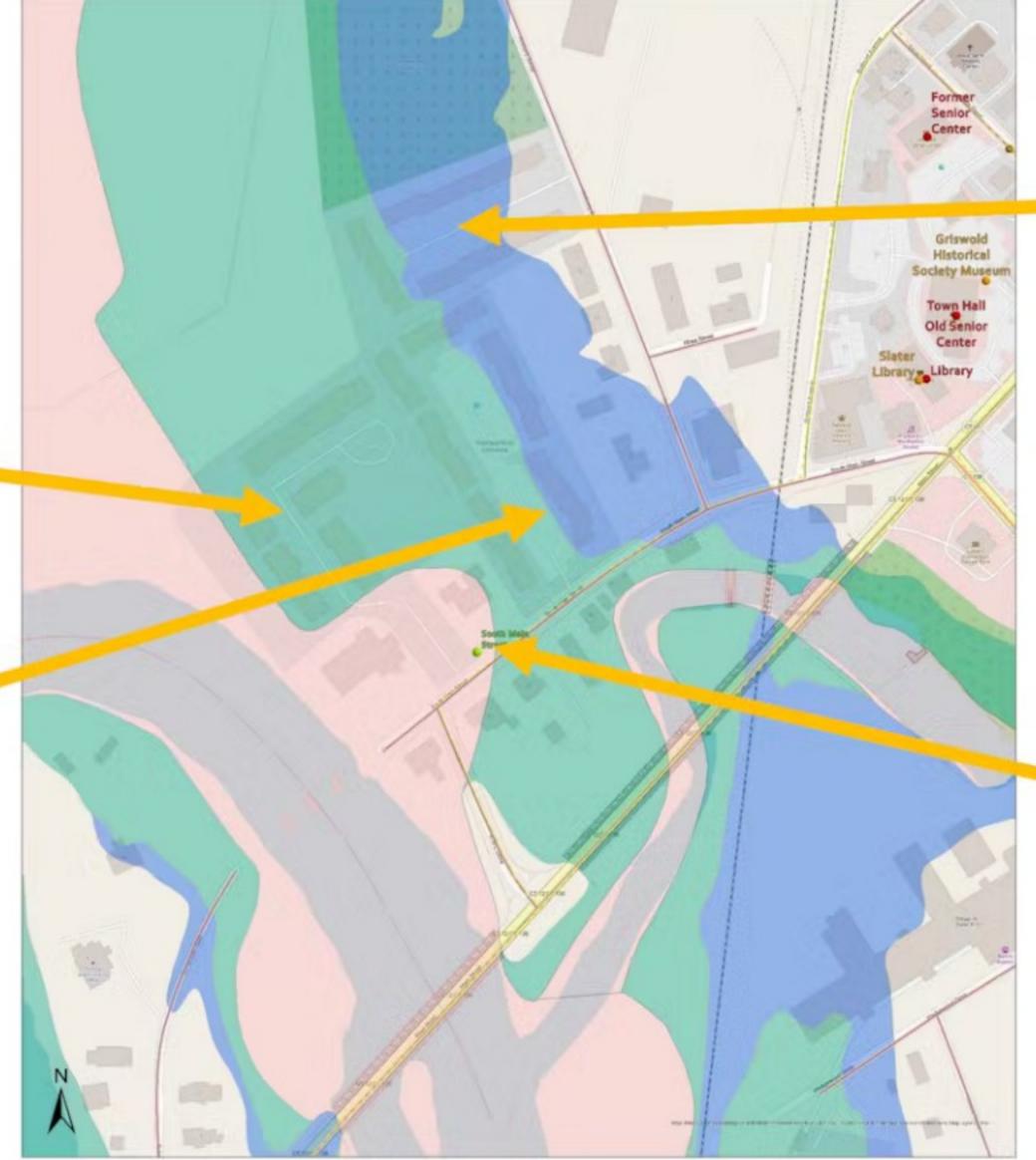


0.2% Annual (500-yr) (blue) Critical facilities Floodway (pink) in the Borough 1% Annual Chance Flood Sewer pumping Zone (SFHA) (teal) station

Chance Flood Zone















What would you do to make these condominium units more resilient? It looks like the lower levels were initially designed to flood.















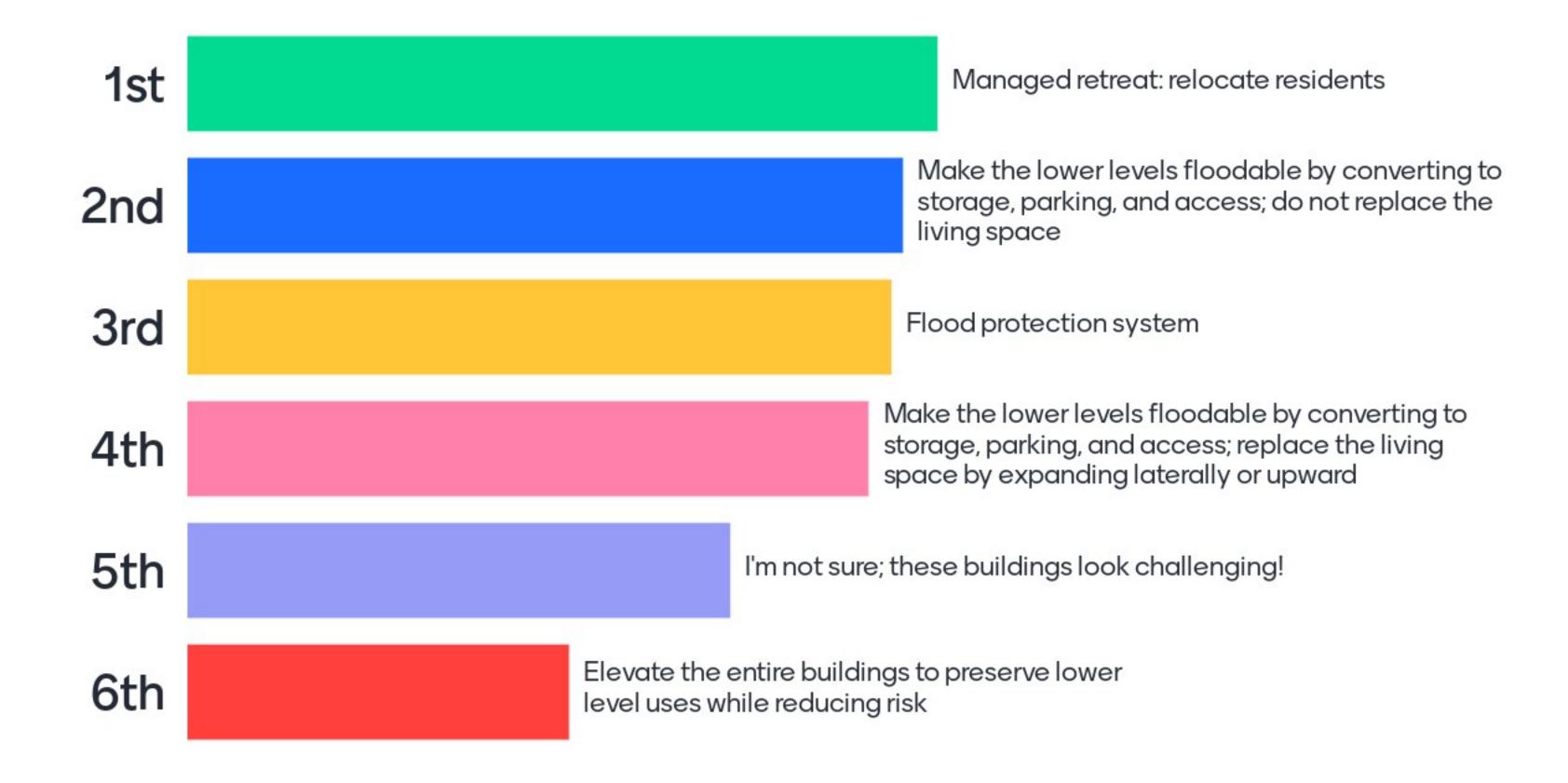


What would you do to make these condominium units more resilient? It looks like the lower levels were not initially designed to flood.











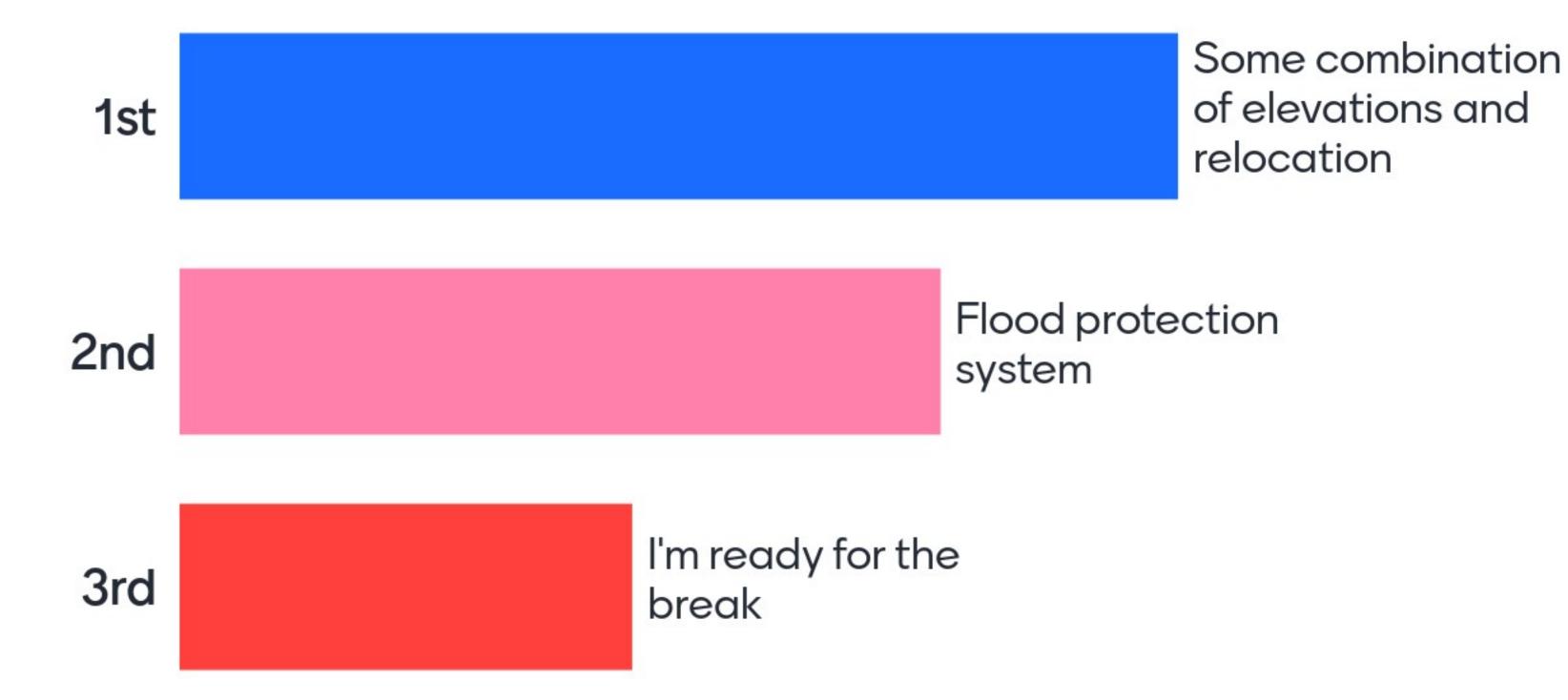




What would you do to make these condominium units more resilient? Information about the lower levels is not clear.













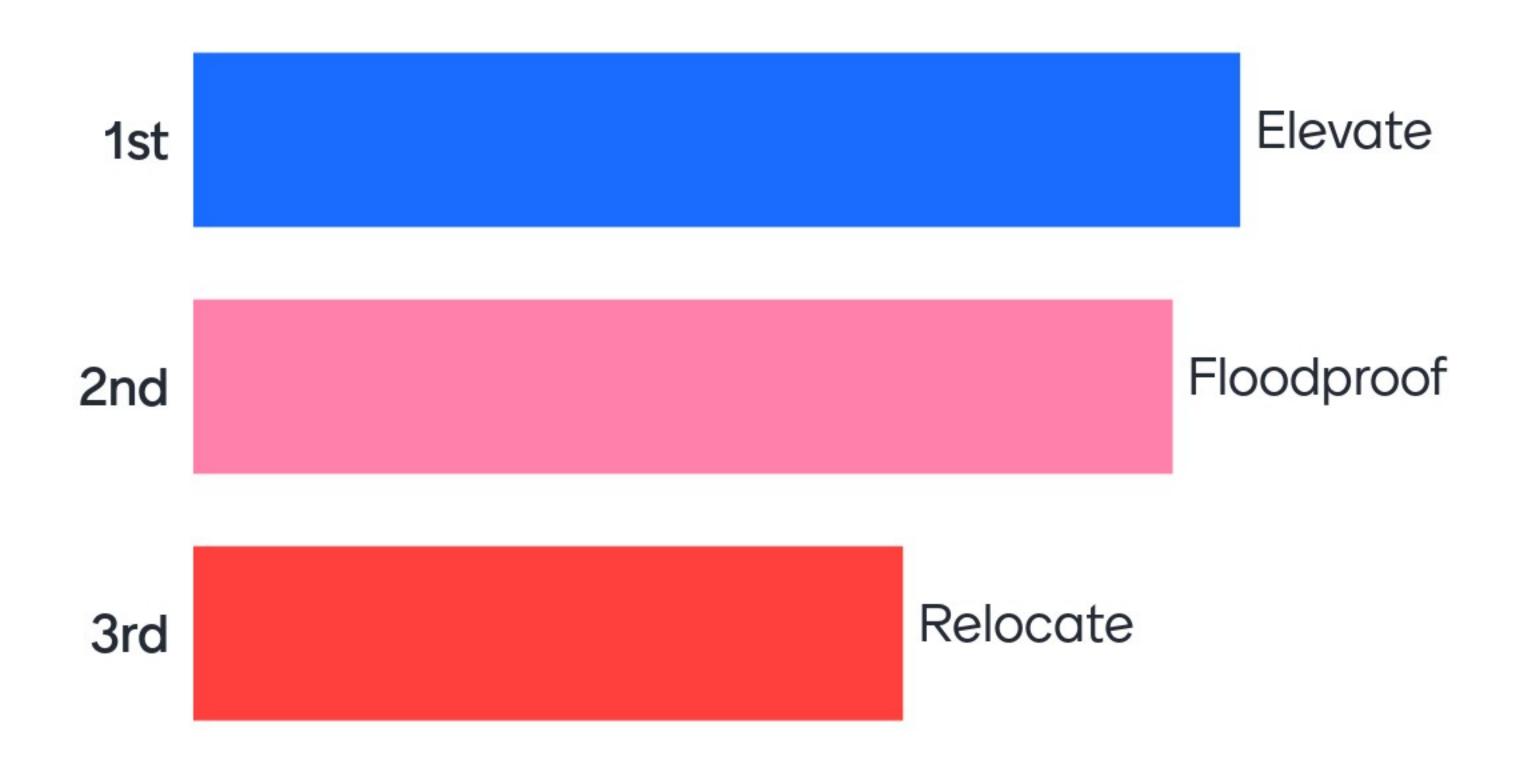


What would you do to make the sewer pumping station more resilient?





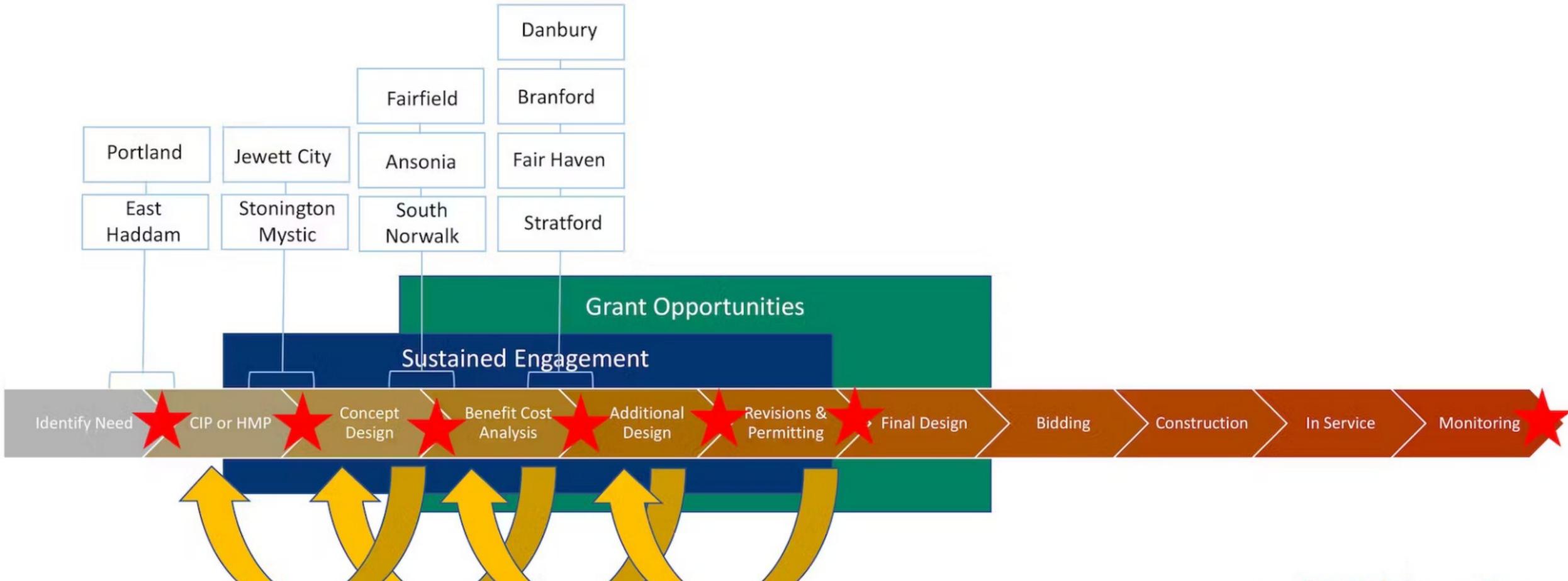








RESILIENT CONNECTICUT AND THE PROJECT PIPELINE



Taking a step backward is possible and often will occur, in practice, along a project pipeline





CLOSING REMARKS

- Coordination with Hazard Mitigation Plan updates was beneficial for the SCCOG and CRCOG municipalities
 - We asked "what are the challenges?"
- The Resilient Connecticut approach allows CIRCA to develop concepts that the municipalities are not advancing to a study phase on their own
 - Where can we help solve complex challenges?
- Adaptation planning takes time
 - Planning support needed for next 20-30 years
 - Innovative approaches are needed
 - Coordination with economic activity, redevelopment, and housing needs
 - We all need to help municipalities win federal funds